



**PROGRAM OF EXCELLENCE**  
**U16 REGIONAL CAMP**  
 Shawnigan Lake Arena  
 March 21-23, 2025

**Friday, March 21, 2025**

Start Time	End Time	Activity Type	Team/Group	Location
10:45AM	11:45AM	Goalie Session	All U16 Goalies	Shawnigan Lake Arena
3:45PM	4:45PM	Practice	U16 Team 1	Shawnigan Lake Arena
5:00PM	6:00PM	Practice	U16 Team 2	Shawnigan Lake Arena
6:15PM	7:15PM	Practice	U16 Team 3	Shawnigan Lake Arena
7:30PM	8:30PM	Practice	U16 Team 4	Shawnigan Lake Arena

**\*\*Goalies will be contacted if they are selected to move forward after their Goalie Session\*\***

**Saturday, March 22, 2025**

Start Time	End Time	Activity Type	Team		Location
8:30AM	9:30AM	Game	U16 Team 1	U16 Team 2	Shawnigan Lake Arena
9:45AM	10:45AM	Game	U16 Team 3	U16 Team 4	Shawnigan Lake Arena
2:45PM	3:30PM	Goalie Session	All U15/U16 Goalies		Shawnigan Lake Arena
3:45PM	4:45PM	Game	U16 Team 4	U16 Team 1	Shawnigan Lake Arena
5:00PM	6:00PM	Game	U16 Team 2	U16 Team 3	Shawnigan Lake Arena

**Sunday, March 23, 2025**

Start Time	End Time	Activity Type	Team		Location
8:30AM	9:30AM	Game	U16 Team 4	U16 Team 2	Shawnigan Lake Arena
9:45AM	10:45AM	Game	U16 Team 1	U16 Team 3	Shawnigan Lake Arena
3:15PM	4:15PM	Game	U16 Team 3	U16 Team 4	Shawnigan Lake Arena
4:30PM	5:30PM	Game	U16 Team 1	U16 Team 2	Shawnigan Lake Arena

\*\* Schedule is subject to change \*\*



To Lead, Develop and Promote Positive Lifelong Hockey Experiences.