



**PROGRAM OF EXCELLENCE**  
**U16 REGIONAL CAMP**  
 Canlan Twin Rinks, Langley  
 March 21-23, 2025

**Thursday, March 20, 2025**

Start Time	End Time	Activity Type	Group	Location
9:30PM	10:30PM	Goalie Session	All U16 Goaltenders	Langley Canlan Twin Rinks #2

**\*\*Goalies will be contacted if they are selected to move forward after their Goalie Session\*\***

**Friday, March 21, 2025**

Start Time	End Time	Activity Type	Group		Location
10:15AM	11:15AM	Practice	U16 Team 1		Langley Canlan Twin Rinks #2
11:30AM	12:30PM	Practice	U16 Team 2		Langley Canlan Twin Rinks #2
12:45PM	1:45PM	Practice	U16 Team 3		Langley Canlan Twin Rinks #2
1:30PM	2:30PM	Practice	U16 Team 4		Langley Canlan Twin Rinks #1
2:00PM	3:00PM	Practice	U16 Team 5		Langley Canlan Twin Rinks #2
3:15PM	4:15PM	Practice	U16 Team 6		Langley Canlan Twin Rinks #2
4:30PM	5:30PM	Game	U16 Team 1	U16 Team 2	Langley Canlan Twin Rinks #2
5:45PM	6:45PM	Game	U16 Team 3	U16 Team 4	Langley Canlan Twin Rinks #2
7:00PM	8:00PM	Game	U16 Team 5	U16 Team 6	Langley Canlan Twin Rinks #2

**Saturday, March 22, 2025**

Start Time	End Time	Activity Type	Team		Location
8:15AM	9:15AM	Goalie Session	All U16 Goalies		Langley Canlan Twin Rinks #2
9:30AM	10:30AM	Game	U16 Team 6	U16 Team 1	Langley Canlan Twin Rinks #2
10:45AM	11:45AM	Game	U16 Team 4	U16 Team 5	Langley Canlan Twin Rinks #2
12:00PM	1:00PM	Game	U16 Team 2	U16 Team 3	Langley Canlan Twin Rinks #2
1:15PM	2:15PM	Game	U16 Team 6	U16 Team 4	Langley Canlan Twin Rinks #2
2:30PM	3:30PM	Game	U16 Team 5	U16 Team 2	Langley Canlan Twin Rinks #2
3:45PM	4:45PM	Game	U16 Team 1	U16 Team 3	Langley Canlan Twin Rinks #2

**Sunday, March 23, 2025**

Start Time	End Time	Activity Type	Team		Location
10:30AM	11:30AM	Game	U16 Team 4	U16 Team 1	Langley Canlan Twin Rinks #2
11:45AM	12:45AM	Game	U16 Team 2	U16 Team 6	Langley Canlan Twin Rinks #2
1:00PM	2:00PM	Game	U16 Team 3	U16 Team 5	Langley Canlan Twin Rinks #2

**\*\* Schedule is subject to change \*\***



To Lead, Develop and Promote Positive Lifelong Hockey Experiences.