



**PROGRAM OF EXCELLENCE
U16 REGIONAL CAMP
MNP, Kelowna
March 21-23, 2025**

Thursday, March 20, 2025

Start Time	End Time	Activity Type	Group	Location
6:30PM	7:30PM	Practice	All U16 Goaltenders	MNP Kelowna Rink 2

****Goalies will be contacted if they are selected to move forward after their Goalie Session****

Friday, March 21, 2025

Start Time	End Time	Activity Type	Team/Group	Location
9:30AM	10:30AM	Practice	U16 Team 1	MNP Kelowna Rink 1
10:45AM	11:45AM	Practice	U16 Team 2	MNP Kelowna Rink 1
12:00PM	1:00PM	Practice	U16 Team 3	MNP Kelowna Rink 1
1:15PM	2:15PM	Practice	U16 Team 4	MNP Kelowna Rink 1
2:30PM	3:30PM	Practice	U16 Team 5	MNP Kelowna Rink 1
3:45PM	4:45PM	Practice	U16 Team 6	MNP Kelowna Rink 1

Saturday, March 22, 2025

Start Time	End Time	Activity Type	Team		Location
8:30AM	9:30AM	Game	U16 Team 1	U16 Team 2	MNP Kelowna Rink 2
9:45AM	10:45AM	Game	U16 Team 3	U16 Team 4	MNP Kelowna Rink 2
11:00AM	12:00PM	Game	U16 Team 5	U16 Team 6	MNP Kelowna Rink 2
12:15PM	1:15PM	Game	U16 Team 2	U16 Team 3	MNP Kelowna Rink 2
1:30PM	2:30PM	Game	U16 Team 6	U16 Team 1	MNP Kelowna Rink 2
2:45PM	3:45PM	Game	U16 Team 4	U16 Team 5	MNP Kelowna Rink 2

Sunday, March 23, 2025

Start Time	End Time	Activity Type	Team		Location
8:30AM	9:30AM	Goalie Session	All U16 Goalies		MNP Kelowna Rink 1
9:45AM	10:45AM	Game	U16 Team 1	U16 Team 3	MNP Kelowna Rink 1
11:00AM	12:00PM	Game	U16 Team 5	U16 Team 2	MNP Kelowna Rink 1
12:15PM	1:15PM	Game	U16 Team 6	U16 Team 4	MNP Kelowna Rink 1
12:30PM	1:30PM	Game	U16 Team 3	U16 Team 5	MNP Kelowna Rink 2
1:45PM	2:45PM	Game	U16 Team 2	U16 Team 6	MNP Kelowna Rink 2
3:00PM	4:00PM	Game	U16 Team 4	U16 Team 1	MNP Kelowna Rink 2

**** Schedule is subject to change ****



To Lead, Develop and Promote Positive Lifelong Hockey Experiences.