



**In the Heart of the Rockies,
Every Shift Matters.**

HOSTED BY:
Golden Minor Hockey Association





Tier 4 U18 Championships

Before we drop the puck, we take a moment to acknowledge that this tournament is taking place on the traditional, ancestral, and unceded territories of the Ktunaxa Nation and the Secwépemc (Shuswap) Peoples. We also recognize the historic presence of the Métis Nation in this area.

We are grateful to play and connect on this land, which has been cared for by Indigenous Peoples for generations. As we come together in the spirit of sport, teamwork, and community, we honour the cultures, stories, and contributions of Indigenous Peoples—past, present, and future.



WELCOME TO GOLDEN

Welcome to Golden, BC! We're proud to host players, families, coaches, and BC Hockey officials and staff for the U18 Tier 4 Championships. It's an exciting time for our community, and we're thrilled to share in the energy, competition, and passion that make this event so special.

Golden is a friendly mountain town tucked between the Rockies and the Columbia Mountains. Known for its stunning scenery and outdoor adventure, it's also home to one of Canada's longest freestanding timber pedestrian bridges—built by volunteers from around the world. We hope you enjoy your time both on and off the ice. Good luck to all teams!

Committee Contacts



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Lucille Hayward
Vice Chair
(Same email as Andrea)

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WHERE IS GOLDEN?



Golden is nestled in the heart of the Columbia Valley, surrounded by the stunning Rocky, Purcell, and Selkirk mountain ranges. Whether you're arriving from the west, north, or south, the journey is a scenic one — please drive carefully and watch for wildlife along the highways.

✈️ The closest major airport is Calgary International Airport (YYC), located approximately 3 hours east of Golden (265 km / 165 miles). From Calgary, follow the Trans-Canada Highway (Hwy 1) west through Canmore, Banff, and Lake Louise before crossing into British Columbia.

From the West (Revelstoke / Sicamous / Kelowna):

Take the Trans-Canada Highway (Hwy 1) east toward Golden.

- Travel through Glacier National Park and Rogers Pass — a beautiful but mountainous stretch of highway.
- Continue approximately 150 km (2 hours) from Revelstoke to Golden.
- Once you reach Golden, take the Hospital Creek Road exit or follow signs into town.

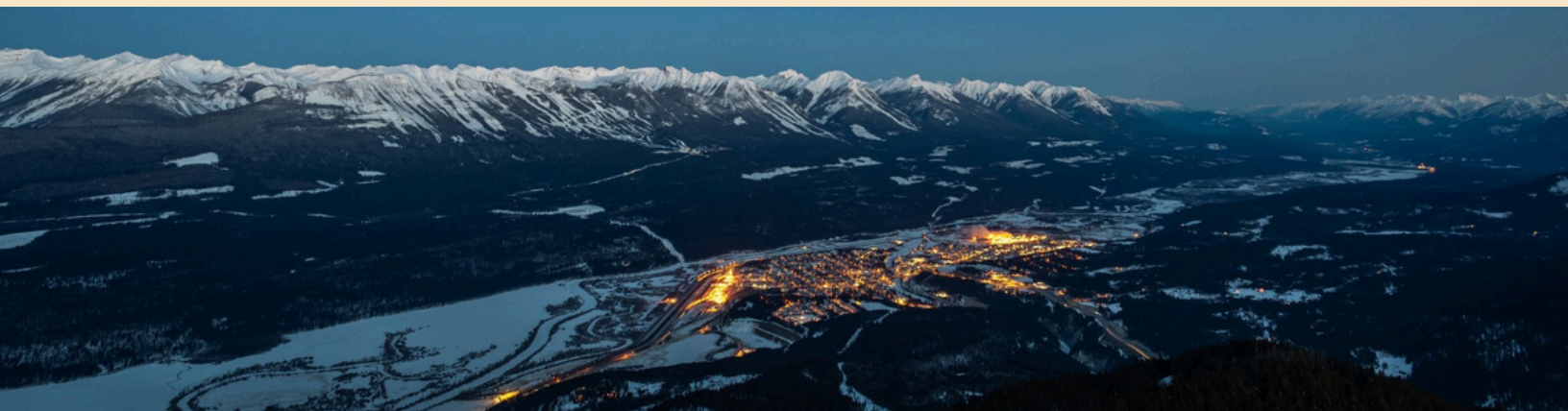
From the South (Radium Hot Springs / Invermere / Cranbrook / Kimberley / Highway 95):

Take Highway 95 north toward Golden.

- The drive from Radium Hot Springs is about 105 km (1 hour).
- The drive from Cranbrook is approximately 250 km (3 hours).
- You'll follow the Columbia River through scenic valleys before arriving in Golden.
- As you approach, follow signs for Downtown Golden or Trans-Canada Highway (Hwy 1).

Travel Tips:

- Fuel up before you go — services can be limited along some routes.
- Winter tires are required from October 1 to April 30 on most BC highways.
- Cell service may be limited in mountain passes.
- For live road conditions, visit DriveBC.ca or call 1-800-550-4997.





What to do in Golden

In March, families visiting Golden, BC can hit the slopes at Kicking Horse Resort, explore snowy trails, spot wildlife in nearby Yoho National Park, and unwind in town by going bowling, catching a movie, or enjoying a cozy meal together.

Family Activities in Golden

- Golden Cinema: Catch the latest blockbuster or family-friendly film at the local movie theatre—perfect for a cozy evening after a day of exploring.
- Golden Bowling Centre: Enjoy a few rounds of bowling, snacks, and fun for all ages at this lively, family-oriented spot.
- Northern Lights Wildlife Wolf Centre: Learn about and observe wolves up close in a safe, educational environment dedicated to wildlife conservation.
- Outdoor Adventures: From easy riverside walks and picnic spots to scenic gondola rides and nearby parks, Golden offers endless ways for families to connect with nature and each other.



Shopping in the Golden Area

- Downtown Golden: Stroll along the charming downtown core for unique boutiques, outdoor gear shops, local art, and handcrafted souvenirs.
- Spirit Square Market (seasonal): Discover local artisans, farm-fresh produce, and handmade goods during the warmer months.
- Artisan Shops & Galleries: Explore local galleries showcasing the creativity of Golden's artists—perfect for one-of-a-kind gifts and keepsakes.
- Outdoor & Adventure Stores: Find everything you need for your next mountain adventure, from ski and bike gear to hiking essentials, at the many specialty outfitters around town.



Physical Activities in and Around Golden

- Downhill Skiing & Snowboarding: Hit the slopes at Kicking Horse Mountain Resort for world-class terrain and stunning alpine views.
- Cross-Country Skiing & Snowshoeing: Explore beautifully groomed trails around Golden, offering peaceful winter adventures for all skill levels.
- Rotary Trails: Walk, jog, or bike the scenic Rotary Trail network that winds along the Kicking Horse and Columbia Rivers—perfect for a leisurely outing right in town.
- Swimming & Fitness: Many local hotels and recreation facilities offer pools, hot tubs, and fitness rooms, providing great ways to unwind or stay active year-round.

Life is
GOLDEN

Elevate Your Escape

Experience the thrill of the mountains this March at Kicking Horse Mountain Resort — Golden, BC's premier destination for adventure and alpine beauty. With breathtaking views of the Purcell and Rocky Mountains, this resort offers a perfect mix of excitement and relaxation for families, friends, and outdoor enthusiasts alike.

March is a fantastic time to visit, with longer days, softer snow, and plenty of sunshine. Hit the slopes on over 120 runs for all ability levels — from gentle groomers to legendary steeps — or enjoy a scenic gondola ride to the top of Eagle's Eye Restaurant, Canada's highest-elevation dining experience. Off the slopes, you'll find tubing, snowshoeing, and cozy spots to warm up with a hot drink.

Planning your day on the mountain is easy. You can [purchase lift tickets, passes, and rentals online here](#) to save time and get straight to the fun. Whether you're a seasoned skier or a first-time visitor, Kicking Horse Mountain Resort promises unforgettable mountain memories this March.

Perched at the summit of Kicking Horse Mountain Resort, the Eagle's Eye Restaurant offers an unforgettable dining experience with some of the most breathtaking mountain views in Canada. Accessible by gondola, you don't have to be a skier to enjoy this one-of-a-kind destination—simply ride to the top and take in the panoramic vistas before settling in for a meal or drink above the clouds. Whether you're indulging in a locally inspired dish, sipping a glass of wine, or just soaking in the alpine atmosphere, Eagle's Eye is the perfect place to experience Golden from a whole new perspective.

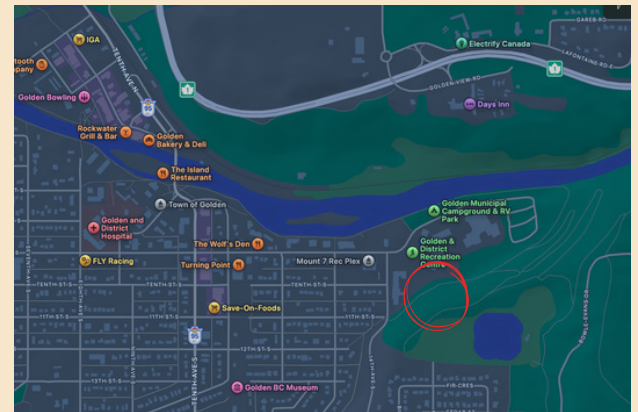


Golden & District Centennial Arena

1410 9th St. S



The Golden Arena, affectionately known by locals as the “Plywood Palace,” is at the heart of community life in Golden. This beloved facility hosts public skating, hockey, and a wide variety of events that bring residents and visitors together throughout the year. During your stay, you’ll become well acquainted with this iconic venue—it’s where all of the Championship games will be held and where much of the week’s excitement will take place.



Beyond the ice, the Golden Arena serves as a vibrant gathering place for concerts, tournaments, and community celebrations that showcase the town’s friendly spirit. Visitors are always welcome to stop by, cheer from the stands, or simply soak in the atmosphere. The Plywood Palace stands as a proud symbol of Golden’s passion for sport, teamwork, and memorable experiences shared with friends—both old and new. The Golden Arena offers seating for approximately 600 spectators, with additional standing room available around the rink for larger crowds.



Schedule of Events

EVENT	TIME/DATE/LOCATION
Banquet	Doors open at 5:30pm Saturday March 14 at the Golden Civic Centre
Coach & Manager Meeting	Immediately following banquet, downstairs at the Golden Civic Centre
Opening Ceremonies	Sunday March 15 @ 6:45pm at the Golden & District Centennial Arena
Games	Sunday March 15 - Wednesday March 18
Awards Presentation	TBD Wednesday March 18

Opening Ceremonies

Teams are asked to wear their home jerseys and line up at the back of the arena and alongside the dressing rooms. From there, they will enter the ice from the far corner of the arena. The teams will be announced as they enter the ice, and there will be a minor hockey player holding a sign with their team name on it. Host team will be the last to enter the ice. Once all teams are on the ice, the Canadian anthem will be sung, and a welcome to the Town of Golden and traditional territory will be presented.

Awards & Banner

The gold & silver medals will be presented along with the Championship banner right after the Championship game. The team receiving the Fair Play award will receive this after their last game is played during the Championship.

**Please note: Golden is on
Mountain Standard Time!
(Same as Calgary, AB)**

Banquet

All Teams Must Attend



Menu

A buffet style dinner will be served. The menu will consist of:

- Penne Alfredo
- Italian Chicken
- Garlic Mashed Potato
- House Salad
- Garlic Toast
- Dessert & Soda/Water

Venue

The banquet will take place on Saturday March 14th at 6:15pm at the Golden Civic Centre (806 10th Ave S). Doors will open at 5:30pm, please arrive no later than 5:45pm.

Guest speaker will follow dinner.

Coach & Manager meeting will follow downstairs in the conference room immediately following the conclusion of the banquet.



If a banquet guest has dietary restrictions that will require an alternate meal, please contact Andrea Sherriff at u18goldenrockets@gmail.com

Accommodations

Golden Village Lodge

Address: 1439 Lafontaine Road, Golden, BC
Phone: 1-866-333-5996 or (250) 344-5996
Email: info@goldenvillagelodge.com
Website: www.goldenvillagelodge.com



Golden Village Lodge is proud to welcome teams and families visiting Golden for the BC Hockey Championships!

Nestled between the stunning Purcell and Rocky Mountains, the lodge offers 76 comfortable and spacious rooms, many with kitchenettes, mini-fridges, and microwaves—perfect for families and team groups. Guests enjoy free Wi-Fi, an on-site restaurant and bar, and complimentary parking. Conveniently located just off the Trans-Canada Highway, it provides easy access to the arena and downtown Golden.

✦ Team Bonus Offer:

For every team that books with Golden Village Lodge, the property will draw one room for a free stay!

A fun way to thank teams for choosing to stay local and support the community.

Family Highlights:

- Spacious rooms and kitchenettes available
- On-site restaurant and lounge
- Pet-friendly rooms available
- Free Wi-Fi and parking
- Quiet, convenient location just minutes from the arena

Tip: Book early and mention you're part of the BC Hockey Championship to receive team-friendly service and room options.



Accommodations

Other Accommodation Options in Golden

Prestige Inn Golden

Address: 1049 Trans-Canada Highway North, Golden, BC

Phone: (250) 344-7990 or 1-877-737-8443

Email: Golden@PrestigeHotels.ca

Website: www.prestigehotelsandresorts.com/prestige-inn-golden

A modern full-service hotel with an indoor pool, hot tub, fitness centre, and on-site dining.

Kicking Horse Lodging (Kicking Horse Mountain Resort)

Address: Glacier/Mountaineer Lodge 1549 Kicking Horse Trail, Golden, BC

Palister Lodge 1420 Palliser Lodge Trail, Golden, BC

Phone: 1-877-754-5486 or (250) 439-1160

Website: www.kickinghorselodging.com

Spacious one-, two-, and three-bedroom suites with full kitchens and mountain views, located right at the base of Kicking Horse Mountain Resort.

Ramada Limited Golden

Address: 1311 12th Street North (Highway 1), Golden, BC

Phone: (250) 439-1888 or 1-800-593-0511

Website: www.ramadagolden.com

A comfortable, family-friendly hotel with complimentary breakfast, indoor pool and hot tub, fitness room, and kitchen suites.

Days Inn Golden

Address: 1416 Golden View Rd., Golden, BC

Phone: (250) 344-2216

A comfortable, family-friendly mountain stay in Golden with free breakfast, an indoor pool, and easy highway access.

Best Western Inn Golden

Address: 1024 11th St N, Golden, BC

Phone: (250) 344-2333

Website: <https://www.bestwestern.com/>

A cozy, mountain-side stay with spacious rooms, free Wi-Fi, complimentary breakfast, and an indoor pool just off the Trans-Canada Highway in Golden.

There are also lots of options in Golden through Airbnb, VRBO, etc.

Restaurants

Pint & Fork

Address: 628 10th Avenue North, Golden, BC

Phone: (250) 344-2333

Website: www.pintandfork.ca

A local favourite in downtown Golden, Pint & Fork combines a relaxed pub atmosphere with a menu focused on fresh, house-made dishes. Enjoy burgers, bowls, share plates, and locally sourced ingredients, along with a great selection of local beers and cocktails. The warm and casual setting makes it a great choice for both families and team gatherings.

Family Highlights:

- Kid-friendly menu options
- Great for groups and casual team dinners
- Local craft beer and creative comfort food

Indian Kitchen Golden

Address: 429 9th Avenue North, Golden, BC

Phone: (250) 344-7400

Website: www.indiankitchengolden.ca

Indian Kitchen offers authentic Indian cuisine right in the heart of downtown Golden. Known for its rich flavours, generous portions, and friendly service, it's a popular spot for dine-in or takeout. From butter chicken and naan to vegetarian specialties, there's something for everyone on the menu.

Family Highlights:

- Authentic North Indian cuisine with mild and spicy options
- Vegetarian and vegan-friendly
- Convenient takeout for teams on the go

The Wolf's Den

1105 9th Street South, Golden, BC

Phone: 250-344-2443

Website: <https://thewolfsdengolden.ca>

Rustic log-building steakhouse offering AAA-certified Angus steaks, gourmet burgers and mountain views.

Eleven22 Restaurant

1122 10th Avenue S, Golden, BC

Phone: 250-344-2443

Website: <https://www.eleven22restaurant.com>

Upscale yet comfortable dining serving modern comfort food — great for a special evening.

Whitetooth Mountain Bistro

Golden, BC

Phone: 250-344-5120 (approx)

Website: <https://www.whitetoothbistro.com>

Stylish bistro with fresh local ingredients, wine list, and relaxed mountain-town elegance.

The Island Restaurant

101 Gould's Island (10th Avenue), Golden, BC

Phone: 250-344-2400

Website: <https://www/islandrestaurant.ca>

Cozy riverside log building with patios overlooking the river.

The Turning Point Restaurant

Golden, BC (South Golden)

Phone: 250-344-2566

Website: <https://www.turningpointrestaurant.com>

Family-style restaurant offering steaks, pizza, pastas, and burgers.

Reposados Tacos y Tequila

Golden, BC

Phone: 250-939-8807

Website: <https://www.reposadostacos.com>

Lively Mexican-themed spot with handmade tortillas and flavorful dishes.

Eagle's Eye Restaurant

Kicking Horse Mountain Resort, near Golden, BC

Phone: 250-439-5413

Website: <https://www.kickinghorseresort.com> → "Eagle's Eye Restaurant"

Canada's most elevated dining experience with spectacular mountain views.

Rockwater Grill & Bar

Golden, BC

Phone: 250-344-5951

Website: <https://rockwatergrill.com>

Gastropub style with patio on the Kicking Horse River; good for dinner or casual night out.

Nagomi Sushi

Golden, BC

Phone: 250-344-4550

Japanese/Sushi spot offering fresh rolls and solid take-out options.

Red Tomato Pies Ltd

Golden, BC

Phone: 250-344-4444

Website: <https://www.redtomatopies.com/golden>

Pizza and Canadian fare, good for casual dining or takeaway.

Alforno Restaurant & Pizzeria

Golden, BC

Phone: 250-439-1010

Website: <https://alfornogolden.ca>

Italian & American cuisine, pizzeria style option.

Legendz Diner

Golden, BC

Phone: 250-344-5059

Website: <https://legendzdiner.shop>

Classic American diner setting—comfort food, familiar favorites.

Kicking Horse Palace

Golden, BC

Phone:

Website:

Asian/Chinese cuisine offering a range of traditional dishes.

The Bar & Grill

Golden, BC

Phone: 250-939-9151

Golden's go-to spot for pub food, drinks and a relaxed atmosphere.

Peaks Grill

Golden, BC

Phone: 25-272-3477

Website: <https://www.peaksgrill.com>

Restaurant/bar with upscale casual fare; good for mountain-view meals.

Golden Bakery & Deli

Golden, BC

Phone: 250-344-2928

Website: <https://www.goldenbakery.ca>

Casual eatery offering baked goods, deli items and simple meals — good lunch stop.

Coffee Shops/Counter Service/Fast Food

Ethos Café – Cozy café with great coffee and light breakfast options.

612 7th St N, Golden, BC V0A 1H0

Phone: 250-439-1047

Website: ethoscave.ca

Hours: Daily approx 7:00 am – 5:00 pm

Notes: Take-out friendly; no drive-thru

Bluebird Café – Perfect spot for a morning coffee or sweet treat.

802 9th St N, Golden, BC V0A 1H2

Phone: 250-439-0008

Website: bluebirdcafegolden.com

Hours: Approx 7:30 am – 3:00 pm (seasonal variation possible)

Notes: Grab & go / café style; no drive-thru

Tim Hortons – Classic Canadian coffee & quick breakfast.

1020 Trans Canada Hwy, Golden, BC V0A 1H1

Phone: 250-344-2252

Website: locations.timhortons.ca

Hours: Approx 6:00 am – 10:00 pm

Notes: Drive-thru available

Tim Hortons – Convenient stop for coffee, baked goods, and snacks.

1421 Trans Canada Hwy, Golden, BC V0A 1H2

Phone: 250-344-5525

Website: locations.timhortons.ca

Hours: Approx 5:00 am – 11:00 pm

Notes: Drive-thru available

McDonald's – Fast-food for breakfast, lunch, or dinner with drive-thru.

1301 Trans Canada Hwy, Golden, BC V0A 1H2

Phone: 250-344-4515

Website: mcdonalds.com

Hours: Listed as 24 hours

Notes: Drive-thru available; full fast-food service

A&W Restaurant – Classic burgers, fries, & root beer; drive-thru available.

1300 Trans Canada Hwy, Golden, BC V0A 1H0

Phone: 250-344-4784

Website: (chain website)

Hours: Standard fast-food hours

Notes: Drive-thru likely available

Papa Bear's Kitchen – Homey café with hearty breakfast & lunch options.

901 10th Ave S, Golden, BC V0A 1H0

Phone: 250-344-4838

Website: papabearskitchen.ca

Hours: Approx 7:00 am – 3:00 pm

Notes: Café / lunch style; take-out available

Jita's Café – Friendly local café with coffee, baked goods, and light meals.

1007 11th Ave S, Golden, BC V0A 1H0

Phone: 250-344-3660

Hours: Approx 7:00 am – 4:00 pm

Notes: Café / take-out style

Double Black Café – Seasonal café at Kicking Horse Resort; perfect for a quick bite during your adventures.

1549 Kicking Horse Trl, Golden, BC V0A 1H0

Phone: 250-344-2214

Website: (no specific website)

Hours: Seasonal (ski/summer resort)

Notes: Take-out / café style; convenient for resort visitors



Grocery/Pharmacy/ Convenience Stores

IGA Golden – A full-service grocery store in town for your everyday shopping needs.

624 9th Ave N, Golden, BC V0A 1H0

Phone: 250-344-2361

Website: west.iga.ca [West IGA](#)

Save-On-Foods Golden – Large modern grocery-chain store with produce, deli and household essentials.

1020 10th Ave S, Golden, BC V0A 1H0

Phone: 250-344-5315

Website: saveonfoods.com

Eat Pure Mountain Market – Local organic & specialty grocery store; ideal for gluten-free, vegan, or local-food lovers.

824 10th Ave S, Golden, BC

Phone: (250) 939-9532

Website: eatpuremarket.com eatpuremarket.com

Kicking Horse General Store – Convenient hill-side convenience/grocery store (perfect for quick pickups and snacks).

Located on Kicking Horse Trail, Golden, BC

Phone: 250-344-2331

Website: (via getpayd link) kickinghorsegeneralstore.getpayd.com

Golden Family Pharmacy – Full-service pharmacy with prescriptions & wellness products – good for any medical or first-aid needs.

916 10th Ave S, Golden, BC V0A 1H0

Phone: 250-344-6821

Website: pharmachoice.com

Gourlay's Golden Pharmacy – Another trusted pharmacy in town; good alternate option.

826B 9th Ave S, Golden, BC V0A 1H0

Phone: 250-344-8600

South Side Grocery – Smaller convenience store option, handy for last-minute snacks or necessities.

747 Nicholson Frontage Road, Golden, BC V0A 1H2

Phone: 250-344-2379

7-Eleven – Your 24/7 convenience stop for snacks, coffee, and quick essentials.

410 9th Ave N, Golden, BC V0A 1H0

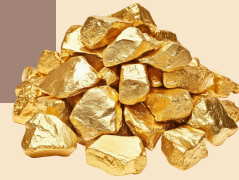
Phone: 250-344-7242

Website: stores.7-eleven.ca



Thank You
FOR YOUR
SUPPORT

Golden Nuggets (of Info)



Hockey Gear

Golden does not have any stores that sell hockey equipment, so come prepared with all the gear and back up gear (including sticks!) that you will need. The closest stores would be in Cranbrook, BC or Calgary, AB (both a 2.5 hour drive one way).

Skate Sharpening

- Golden Installations Ltd. - 1027 11th Ave N. Phone: 250-344-5566
- Rona - 912 15th St S. Phone: 250-344-2964
- Home Hardware - 909 11th Ave S. Phone: 250-344-6980
- Tyler Gulliford - Phone: 250-344-8548

Medical Needs - CALL 911 for any emergencies

If you require medical care while in Golden, please note there are no walk-in clinics in town—non-emergent issues are handled by appointment only at the local medical clinic. For urgent or emergency care, you will need to go to the Golden & District Hospital, whose emergency department is open 24/7. The hospital's address is 835 9th Ave S, and its main phone line is (250) 344-5271.

Getting Around

Getting around Golden is simple and convenient, with most attractions, shops, and restaurants located just minutes apart. The town's compact layout makes it easy to explore on foot, or by car. While there is no public transit system, Mount 7 Taxi provides reliable transportation within Golden and to nearby destinations. You can reach Mount 7 Taxi at 250-344-5237 for prompt, friendly service any time you need it.

Team Requirements

Please provide the following information to **u18goldenrockets@gmail.com**:

Official Team Picture

- Highest quality resolution jpg
- Include the names of everyone in the photo in the order they appear (back to front, left to right)

Association Logo

Please send this as a jpg or png.

Team Roster

Please send official HC team roster.

Contact Information

Please provide the name, email, and phone number of the head coach and manager.

Equipment Checks

Please ensure that all equipment is checked prior to attending. Equipment checks may be conducted at any point during the championship. Click [HERE](#) to access the list.

Championship Apparel



HOW TO ORDER

Step 1 — Visit the Online Store

(<https://bchockeyu18tier4championship.itemorder.com/shop/home/>)

Access the championship apparel store using the provided link.

Step 2 — Select Your Gear

Choose your items, preferred colours, and correct sizing.

Step 3 — Review & Checkout

Confirm quantities and sizes, then complete checkout using the secure payment system.

Step 4 — Confirmation

A confirmation email will be sent once your order is successfully placed.

ORDERING + FULFILLMENT

Deadline for orders delivered to tournament is March 9th, 11:59 PM.

Orders March 10th, 12:00 AM or later, will be shipped to your house subject to \$15.00 shipping charge with an expected delivery of 3 weeks after the store closes.

All items are made to order and sales are final. No refunds or exchanges. Production begins after order confirmation.

The store will be open until March 29th, with an expected delivery 3 weeks after the store closes.

Note: not all items may be available at that time due to product availability. Anything backordered will be delivered to your home address.

Thank You

To Our Sponsors

