

2026 U13 GIRLS BC HOCKEY CHAMPIONSHIP



MARCH 18 - 22, 2026

PROUDLY HOSTED BY:
GREATER VERNON MINOR HOCKEY ASSOCIATION
&
U13A FEMALE VERNON LAKERS





WELCOME

We welcome your team, players and families to Vernon and the surrounding communities and look forward to hosting you.

In this Welcome Package, you will find information about the following:

- [Championship Contact Information](#)
- [General Championship Information](#)
- [Equipment Checks](#)
- [Team Information](#)
- [Schedule](#)
- [Our Community](#)
- [Arena Facilities](#)
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- [Emergency Response Plan](#)
- [Championship Apparel](#)



CHAMPIONSHIP CONTACT INFORMATION



GREATER VERNON MINOR HOCKEY ASSOCIATION

Kal Tire Place North
3445 43rd Avenue 2nd Floor Vernon BC V1T 8P5
PH: 250-542-0754



HOST ASSOCIATION CHAMPIONSHIP CONTACT

Kevin Bathurst (Co-Chair) – edho@gvmha.com or 403-710-2203
Chris Collard (Co-Chair) – administrator@gvmha.com or 250-938-1770
Feel free to call or text during the Championships if you have any questions or concerns – good luck to all teams and players!



U13A FEMALE VERNON LAKERS

Janie McRae - Manager - janiemcrae@hotmail.com
Fiawna Ladd - Treasurer - theladdfamily03@gmail.com



BC Hockey Representative

Amanda Pachal-Huston - ahuston@omahahockey.ca



BC Hockey Officiating Coach

Kelly Mckenzie - nooc@bchockey.net



GENERAL CHAMPIONSHIP INFORMATION

MANITOBA HOCKEY ASSOCIATION



OFFICIATING MEETING

March 18, 2026

3:00 PM

Breakaway Room, Kal Tire Place North

All officiates are required to attend.

Email details will follow via email closer to the Championship Weekend.



COACHES MEETING

March 18, 2026

4:00 PM

Breakaway Room, Kal Tire Place North

All coaches and managers are required to attend a MANDATORY meeting to ensure all teams are aware of all pertinent information.

Email details will follow via email closer to the Championship Weekend.



WELCOME BANQUET

March 18, 2026

6:00 pm

TBA

Email details will follow via email closer to the Championship Weekend.



OPENING CEREMONIES

March 19, 2026

Kal Tire Place North

5:00 pm - following the conclusion of the 14:30 pm game, prior to the ice clean.

The four teams that played earlier in the day, please arrive at 4:45 pm, ready in your tracksuits/dress pants with jerseys and clean shoes. Please look for a volunteer holding your team logo sign to help guide you to your designed arena.

Teams playing in the game prior to the opening ceremonies, will return to your dressing room after the conclusion of your game to remove your helmets.

Teams playing in the game following the opening ceremonies, will be ready in full gear without helmets.



EQUIPMENT CHECKS

Equipment checks will be done prior to the first game. Each team is required to go over their equipment prior to coming. Players with illegal/worn equipment will not be able to participate using the illegal equipment. Bring extra helmet screws, gloves and tape. Ensure your local Risk Management Coordinator or District Director does an equipment check with your team before coming to the championships to avoid any disappointments. Most frequent illegal equipment findings: glove palms, helmet fit and J hooks, stick plugs and neck guards with BNQ certification not clearly visible. Goalie helmets must have chin cups and side straps.



British Columbia Amateur Hockey Association 6671 Oldfield Road Saanichton BC V8M 2A1
Ph: 250.652.2978 Fax: 250.652.4536 info@bchockey.net www.bchockey.net

EQUIPMENT CHECKLIST

EQUIPMENT	INSPECT	BASIC THINGS TO LOOK FOR
PANTS	Condition	<ul style="list-style-type: none">- No tears, loose threads &/or dangling belts/straps.- Inside zippers done up and working.
STICK		<ul style="list-style-type: none">- Plug is in butt end of the stick (top).- Blade has no sharp edges, breakages
HELMET	Condition	<ul style="list-style-type: none">- Must have visible CSA label, snug chin strap, ear guards, be tape free & not painted.- Numbers, team decals and decals supporting a cause (ie. Humboldt, Cancer etc.) are permitted- No cracks in shell or padding.
FACEMASK	Condition	<ul style="list-style-type: none">- No metal bars broken on cages- Tight screws and if replacements, NOT too long.- Straps snug with stretch in elastic- Clips in place.- NO cracks in plastic- watch for rust at wire seams
GLOVES	Condition	<ul style="list-style-type: none">- High enough so covers wrist. Firm fingers, thumb and back padding- Palms soft and pliable. NO holes near fingers or in palm larger than a quarter)- No loose threads
NECKGUARD	Condition	<ul style="list-style-type: none">- Fits snug enough around neck- MUST have BNQ certification, be free of fabric cuts- Velcro strap NOT worn and in good working order- Must not be altered in any way- Rips or tears should be sewn.- No tape wrapped around neckguard



TEAM INFORMATION

Congratulations to your team on earning a spot at the BC Hockey Championship. This is a tremendous achievement, and we look forward to welcoming you to our community and seeing your team in action on the ice. To help us prepare for your arrival and ensure a smooth and memorable championship experience, we kindly ask that the following required team information be forwarded to bcchampionships@gvmha.com

Official Team Picture: Please submit a high-resolution JPEG or PNG. Include the full names of all players listed in the order they appear in the photo (left to right; back to front).

Association Logo: Please submit a high-resolution JPEG or PNG.

Team Logo: If your team logo differs from your association logo, please submit a high-resolution JPEG or PNG.

Team Colours: Please provide your team's home and away jersey colours.

Contact Information: Please provide the following details for your Head Coach and Team Manager:

- Name
- Email address
- Cell phone number

HCR Team Roster: Please submit your official HCR team roster.

Hotel Information: Please provide the hotel information your team has booked. We have partnered with several hotels in the Vernon area to offer preferred championship rates. Please refer to the "Accommodations" section for details.

Team Video – “Our Road to the Championship”: Please provide a 2–3 minute video highlighting your team's journey to the BC Hockey Championship. This video may include photos, game footage, team moments, or any experiences that helped shape your road to the championship.

Team Basket: As part of the event, we will be holding a raffle and are inviting each team to contribute a themed prize basket or collection of local items to be raffled off. Participation is completely optional; however, we would be grateful for any contribution your team is able to make. Suggested budget is approximately \$250–\$300. Please note that alcohol is not permitted in raffle items.



SCHEDULE

WEDNESDAY MARCH 18, 2026

Officials Meeting
Coach and Manager Meeting
Banquet

THURSDAY MARCH 19, 2026 - SUNDAY MARCH 22, 2026

SCHEDULE TO BE DETERMINED



OUR COMMUNITY

VERNON, BC

Welcome to Vernon, located in the traditional territory of the Syilx People of the Okanagan Nation. In this sunny corner of the Okanagan Valley our turquoise lakes meet pristine shorelines that climb skyward into rolling hills, and those hills lead the way to mountains full of endless adventures. We raise toasts to the apples on the branch that now dance in our cups, and we can't wait to welcome you to it all.

Here in Vernon we prioritize happiness, relaxation, and lifestyle, and we enjoy a casual vibe. We welcome you to come and embrace that Okanagan way of life.

Experience the serenity of paddling out on perfectly still, clear-blue lake waters, answer the beckoning call of adventure at that next trailhead, and taste the true meaning of farm-to table as you dine amongst the orchards that grew your meal.



There is simply no where else like it, and we can't wait for you to experience it. Welcome to Vernon.

<https://www.tourismvernon.com/>





OUR COMMUNITY

ARMSTRONG, BC

Welcome to Armstrong, the “Heart of Country”, nestled in the beautiful Spallumcheen Valley – an agriculture hub found between the Okanagan and Shuswap regions.

For those seeking a peaceful and scenic community that offers ample nourishment for an old soul, we welcome you. Enjoy the hospitality of our locals or take a trip through time wandering the downtown streets. Our quaint little community and diverse landscape provides the setting for one of British Columbia’s most beautiful agricultural areas and town.

So, what are you waiting for? Stop in and enjoy a taste of the simple life and see for yourself all the wonderful things that our community has to offer. While you’re here, don’t pass up the chance to call a friend on one of the last remaining telephone booths in the country. With all the wholesome experiences to behold, it’s a trip you’ll want to call and tell your friends about. From traditional thrift & consignment boutiques to historical buildings and architecture, there is plenty to do and see.

<https://tourismarmstrongspall.com/>





OUR COMMUNITY

OUR FIRST NATIONS HISTORY

<https://okib.ca>

It is understood that Syilx Okanagan People have come from the land and animals themselves. Before humans were created, animal people lived on the land and gave up themselves along with their ways, beliefs, practices, and experiences for the people-to-be. Many of the teachings we have today come from the animal and plant people are portrayed through *captikʷł*, oral narrative. These *captikʷł* help to bring forward many important Syilx values, teachings, and worldviews. The *captikʷł* help to carry Syilx Okanagan natural law. These laws can be understood from the stages of Syilx Okanagan People.

1. *stəlsqílxʷ* (torn from the earth) - life form of first people without natural instincts to survive.
2. *xatmaʔ sqílxʷ* (in front of us *sqílxʷ*) - first thinking people who learned the natural law to survive.
3. *sqílxʷ* (dreaming ones, bound together, of the land) - original people who learned to live together on the land in peace.
4. *?awtmaʔsqílxʷ* (to struggle and/or come after *sqílxʷ*) - today's *sqílxʷ* after the arrival of new comers.

These stages bring light to the worldview of the Syilx Okanagan People.

Located at the head of Okanagan Lake is the Okanagan Indian Band main reserve. The Okanagan Indian Band comprises six reserves located in the North Okanagan totalling 10,636 ha of reserve land. These reserves are Okanagan, Otter Lake, Harris, Swan Lake, Priest Valley, and Duck Lake. Members of the Okanagan Indian Band live in various historical villages up along Okanagan Lake, Round Lake, Swan Lake, Duck Lake, Wood Lake, and Kalamalka Lake. These historical settlements are still highly valued and are occupied by current generations.





OUR COMMUNITY

While the main reserve is often associated with nqmaplqs, many of the tributaries and sites of significance along the lake hold place names each associated with ancestral and contemporary use such as Komasket Park. Each place name holds the significance of the area often associated with activities, specific species, land forms, or seasonal settlements. While the Okanagan Indian Band is located in the North Okanagan valley, the territory of the Syilx Okanagan People extends beyond the reserve boundaries.

The binding that brings together Syilx Okanagan People is the language itself. Nsyilxcn or nqilxʷcn is a part of the larger Salishan family group. Nsyilxcn is the language of the Syilx People and nqilxʷcn is Indigenous language. Nsyilxcn is one of 23 Salishan languages. Salishan languages have been spoken in North America for thousands of years and are still spoken to this day in Southern British Columbia, Washington State, Idaho, Montana and Oregon. Nsyilxcn is spoken by the Okanagan in British Columbia and by the Southern Okanagan, Sinixt, Methow, and Sanpoil tribes in Washington State.





ARENA FACILITIES

KAL TIRE PLACE / KAL TIRE PLACE NORTH

3445 - 43 Avenue Vernon, BC V1T 8P5

Kal Tire Place - North facility has a regulation-size 200' x 85' sheet of ice, seating for 400 spectators. In addition, the facility features two lease spaces for dryland training facilities, multi-purpose room, and additional office space.

Kal Tire Place has parking lots in two locations, both situated within eye's view of entrances to the building. The lots hold a total of 680 vehicles. Designated disabled parking is available in the upper parking lot.

The facility is also home to the Greater Vernon Minor Hockey Association office.



PRIEST VALLEY ARENA

3409 35th Ave., Vernon, BC V1T2T5

The Priest Valley arena is situated in the Recreation Complex. It is home to Vernon Figure Skating, the Speed Skating Club, ringette, adult hockey, public skating and skating lessons.

Standard Ice Surface 85'x200'





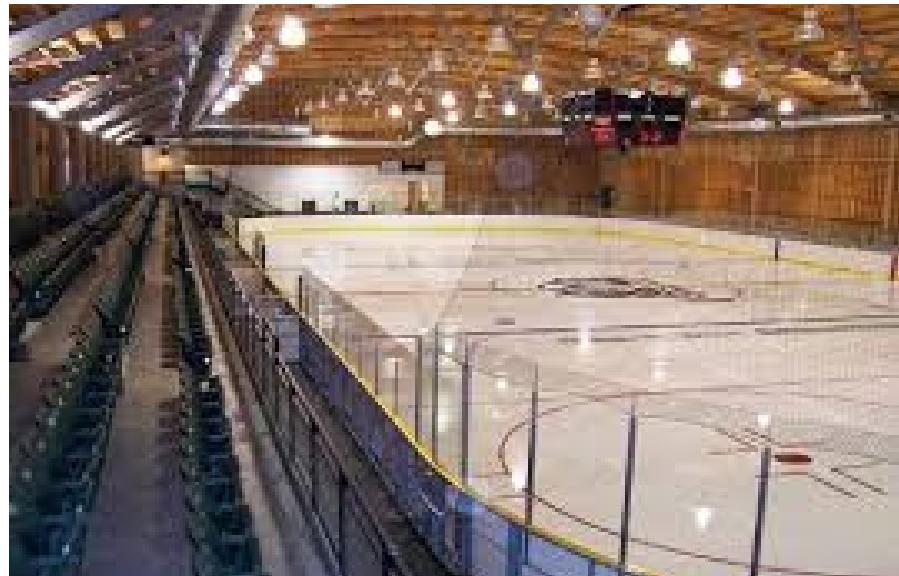
ARENA FACILITIES

SUNBELT SPORTS CENTRE

3351 Park Drive, Armstrong, BC V4V 0J3

Standard Ice Surface – 85' x 200'

In 2004, a new timber frame single ice pad arena was built in the City of Armstrong to replace the ice surface at Hassen Arena. The facility includes a full-length ice surface, stadium seating for 400, and 6 dressing rooms. Active minor hockey and figure skating organizations provide programs for participants at all levels. This facility runs in the summer season without an ice surface and from April to July is home to the minor, senior and master lacrosse leagues.



The centre also has a concession, boardroom and houses the Armstrong Spallumcheen Parks and Recreation Office.





ACCOMMODATIONS

1

Best Western Pacific Inn

4790 34 St, Vernon, BC V1T 5Y9

(250) 558-1800 (Kitchens available)

<https://www.reservationdesk.com/hotel/6003baf/best-western-pacific-inn>

2

Best Western Premier

5350 Anderson Way, Vernon, BC V1T 9V2

(250) 558-5000

<https://bestwesternpremierroute97vernon.reservationstays.com/hotels/W5m4EOyW>

3

Holiday Inn Express and Suites

4716 34 St, Vernon, BC V1T 5Y9

(250) 550-7777

<https://holidayinnvernon.bookonline.com/hotel/holiday-inn-express-and-suites-vernon-an-ihg-hotel>

4

Prestige Hotel

4411 32 St, Vernon, BC V1T 9G8

(250) 558-5991

<https://www.prestigehotelsandresorts.com/location/prestige-vernon-hotel/>

5

Prestige Vernon Lodge and Conference Centre

3914 32 St, Vernon, BC V1T 5P1

(250) 545-3385

<https://www.prestigehotelsandresorts.com/location/prestige-vernon-lodge/>

6

Quality Inn and Suites

4204 32 St, Vernon, BC V1T 5P4

(236) 599-0996

https://www.choicehotels.com/british-columbia/vernon/quality-inn-hotels/cn661?mc_llrscncn&pmf=canada

7

Sandman Hotel

4201 32 St, Vernon, BC V1T 5P3

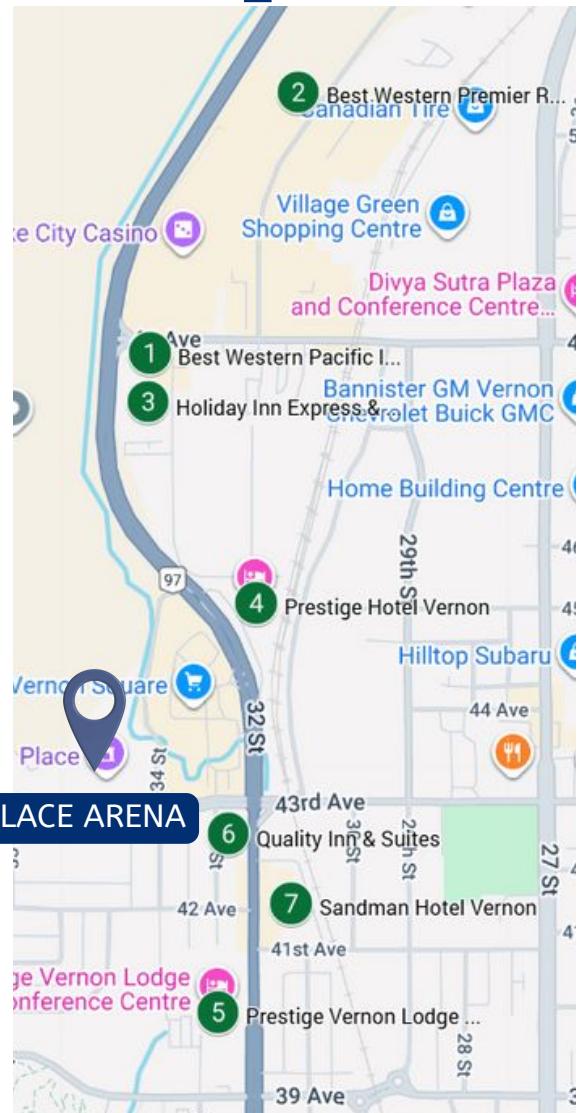
(250) 542-4325

<https://www.reservationdesk.com/hotel/6128427/sandman-hotel-vernon-british-columbia>

Contact Chris Collard
administrator@gvmha.com or
250-938-1770 for more
information. Hotel blocks have been
reserved for incoming teams



TO ARMSTRONG





RESTAURANTS

GVMHA - PARTNER RESTAURANTS

Boston Pizza 3604 32 St	Browns Social House 4900-27th Street	Diner on Six 2511 Highway 6
Pizza Pizza 4200 32 Street	Subway 4400 27 Street	Subway 3101 BC-6 #107

RESTAURANTS - VERNON

27 Street Grille 4801-27th Street	Amarin Thai Restaurant 2903-31st Street	Asian Avenue Restaurant 4101-32nd Street
Boa Thong Thai Restaurant 3210-30th Avenue	Cactus Club 5600 Anderson Way	Don Cherry's 3914-32nd Street
Domino's Pizza 2601 Hwy 6	Eatology 3100-30th Street	Earls Kitchen & Bar 101-3101 Highway 6
Fresh Lemongrass 3107-48th Ave	Jenalio's 805 Kalamalka Lake Rd	Kawakubo 3315-30th Ave
Intermezzo Restaurant & Wine Cellar 3206-34th Avenue	Italian Kitchen 2916-30th Avenue	Kiki Gardens Restaurant 3411-30th Avenue
Lynn's Vietnamese 5301-25th Ave	Los Huesos 2918-30th Ave	Martin Brew Pub 2933a-30th Ave
Match Eatery & Public House 4900 Anderson Way	Mr Mikes Steakhouse Casual 3908 32 nd Street	Ora Restaurant Lounge 4411-32nd Street
Original Joe's 400-2306 Highway 6	Pho Fusion 5100 Anderson Way	Phoenix Steakhouse 3117-30th Avenue



RESTAURANTS

RESTAURANTS - VERNON

Red Robin Gourmet Burgers 5601 Anderson Way	Red Tomato Pies 3002 41 st Avenue	Sir Winston's Pub 2705-32nd Street
Station BBQ Smokehouse 3131-29th Street	The Curry Pot Indian & Nepalese 3007-30th Ave	The Eclectic Med Restaurant 2915-30th Avenue
Wasabi Japanese Restaurant #114, 5100 Anderson Way	Wings 5200 Anderson Way	White Spot Vernon #800-4400-32nd Street

RESTAURANTS - ARMSTRONG

Anchor Inn 3030 Smith Drive	Branding Iron Pub 3445 Okanagan Street	Country Manor Kitchen 2590 Pleasant Valley Blvd
Great Wall Restaurant 2545 Pleasant Valley Road	The Clove Restaurant 3495 Okanagan Street	The Overlander Restaurant 2440 York Avenue



SKATE SHARPENING



212 SPORTS DEN

4600 29th Street
778-212-0212

MONDAY: 12:00 PM - 5:30 PM

TUESDAY: 12:00 PM - 5:30 PM

THURSDAY: 12:00 PM - 5:30 PM

FRIDAY: 12:00 PM - 5:30 PM



SUN VALLEY SOURCE FOR SPORTS

5601 27 ST Vernon, BC
250-542-2852

MONDAY TO SATURDAY: 9:00 AM - 5:30 PM

SUNDAY: 10:00 AM - 5:00 PM



BLADES OF LORI

Kal Tire Place
3445 43rd Ave Vernon, BC
250-540-8833

TUESDAY TO FRIDAY: 3:00 PM - 7:00 PM

SATURDAY TO SUNDAY: 9:00 AM - 4:00 PM



SPORT CHEK

4900 27th Street Unit #340
250-260-2860

MONDAY TO FRIDAY: 10:00 AM - 6:00 PM

SATURDAY: 9:30 AM - 6:00 PM

SUNDAY: 10:00 AM - 5:30 PM



POINTS OF INTEREST

Beyond Belief Escape Rooms 5103 25th Street Vernon, BC V1T 8H9 250-244-8408 https://beyondbelief.ca/	BNA Bowl Vernon/BNA Brewing Vernon 1714 Kalamalka Lake Road, Vernon, BC V1T 6M4 250-558-2635 https://www.bnabrewing.com/bna-bowl-vernon
Canadian Wildlife Museum 7774 Pleasant Valley Road Vernon, BC V1B 3R7 250-545-9740 https://www.canadianwildlifemuseum.com/	Galaxy Cinemas 275 -2306 BC-6 Vernon, BC V1T 7E3 250-542-1107 https://www.cineplex.com/theatre/galaxy-cinemas-vernon
Lincoln Lanes Bowling 3510 25th Avenue, Vernon, BC V1T 1P3 250-542-9837 https://www.lincolnlanes.ca/	Okanagan Science Centre 2704 BC-6, Vernon, BC V1T 5G5 250-545-3644 http://www.okscience.ca
Planet Bee Honey Farm 5011 Bella Vista Road Vernon, BC V1H 1A1 250-542-8088 https://planetbee.com/	SilverStar Mountain Resort 123 Shortt Street, Silver Star Mountain BC V1B 3M1 https://www.skisilverstar.com/
The Rock Garden Climbing Centre 2450 14th Avenue Vernon, BC V1T 8C1 236-426-3333 www.climbthegarden.com	Vernon Town Theatre 2910 30th Ave Vernon, BC V1T 2B7 778-475-4100 https://www.thetowne.ca/
Village Green Shopping Centre 4900 27th St Vernon, BC 250-545-3204 https://villagegreencentre.com/	Breweries / Cideries / Distilleries <ul style="list-style-type: none">• https://www.tourismvernon.com/things-to-do/breweries-cideries-distilleries• https://www.tourismvernon.com/things-to-do/wine-tours

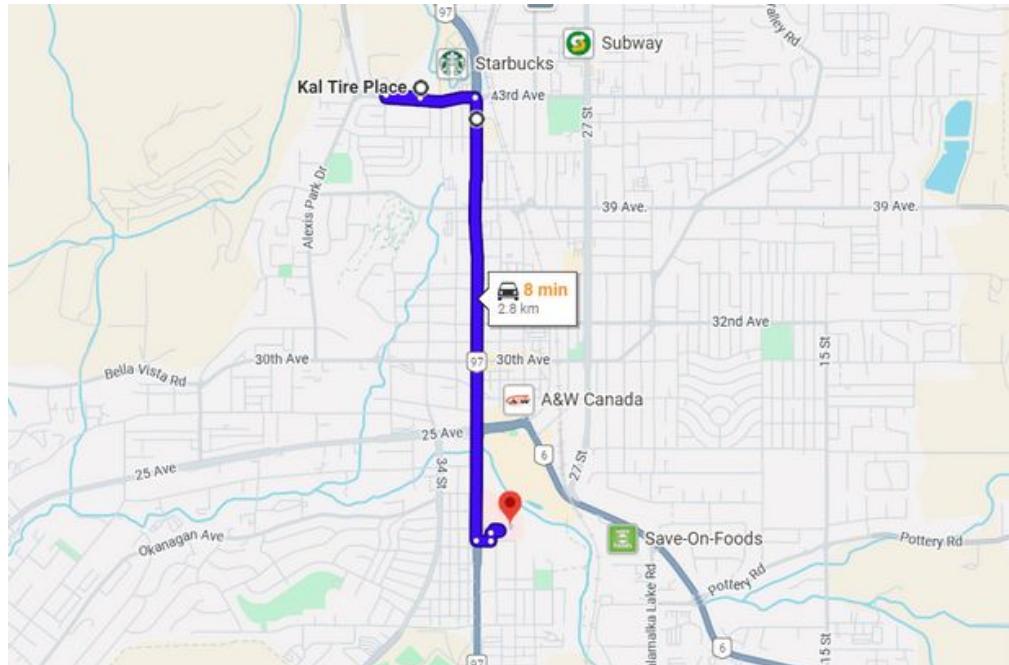


EMERGENCY RESPONSE PLAN

Dial 911 in an Emergency

DIRECTIONS FOR KAL TIRE PLACE ARENAS TO VERNON JUBILEE HOSPITAL

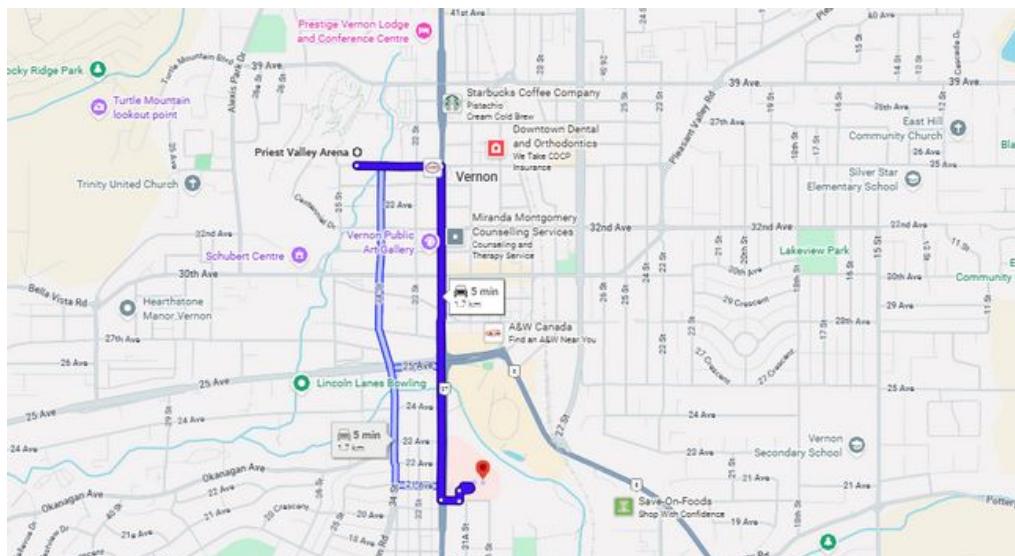
Vernon Jubilee Hospital, 2101 32 St, Vernon, BC V1T 5L2



Dial 911 in an Emergency

DIRECTIONS FOR PRIEST VALLEY ARENA TO VERNON JUBILEE HOSPITAL

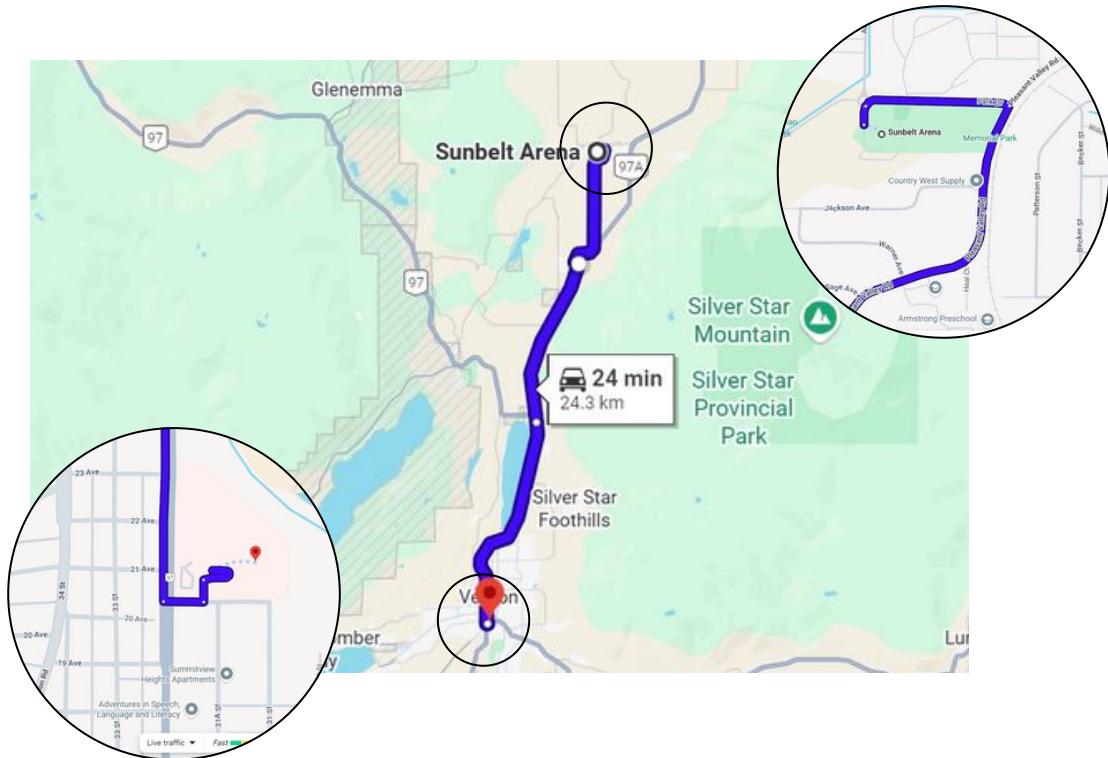
Vernon Jubilee Hospital, 2101 32 St, Vernon, BC V1T 5L2





EMERGENCY RESPONSE PLAN

DIRECTIONS FOR SUNBELT SPORTS CENTRE, ARMSTRONG TO VERNON JUBILEE HOSPITAL
Vernon Jubilee Hospital, 2101 32 St, Vernon, BC V1T 5L2



Vernon Urgent and Primary Care Centre Primary Medical Clinic
Walk-In and appointments
3105-28th Ave, Vernon (250) 41-1097
Hours: 7 days 7am-7pm



CHAMPIONSHIP APPAREL

Deadline for orders delivered to tournament is **March 13th, 11:59 PM.**

Orders March 14th, 12:00 AM, will be shipped to your house subject to \$15.00 shipping charge
All items are made to order and sales are final. No refunds or exchanges.

If unsure on sizing, we recommend going with a larger size. Sizing charts on each garment

*The store will be open until March 29th, with an expected delivery 3 weeks after the store closes
Note: not all items may be available at that time due to product availability. Anything backordered will be delivered to your home address.

All sales are final

<https://bchockeyu13girlschampionship.itemorder.com/shop/home/>

				
Russell Athletic Dri-Power® Fleece Hoodie \$69.99 2 Colors	Russell Athletic Youth Dri-Power® Fleece Hoodie \$64.99 2 Colors	Russell Fleece Crew Neck Sweatshirt \$64.99 2 Colors	ATC Adult Everyday Cotton Blend Tee \$24.99 2 Colors	ATC Youth Everday Cotton Blend Tee \$24.99 2 Colors

	
Atc ™ Game Day Fleece Ladies' Sweatshirt \$69.99 2 Colors	ATC Ladies' Everyday Cotton Tee \$24.99 2 Colors

Also available is travel bags, ball cap and beanies.