

# BC Hockey Provincial Championships



## Host Information Package

**Kitimat**  
**March 16th-19th**  
**2025**

Welcome to the 2025 Tier 4 - U15  
BC Hockey Provincial Championships!



Your host for the week is last year's champions,  
The Kitimat Winterhawks!

We welcome your team, players, coaches and  
families and we look forward to being your  
hosts for the week!

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In this welcome package, you will find the following information:

- Our Community
- Tamitik Arena
- Accommodations
- Restaurants
- Transportation
- Restaurants
- Points of Interest
- Schedule
- Championship Contacts
- General Championship Information
- Skate Sharpening & Sports Stores
- Medical Information & Emergency Planning

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If you have any questions, please contact:

Sam De Beurs (Host Committee Chair)

[kitimatminorhockey@gmail.com](mailto:kitimatminorhockey@gmail.com) or 250-639-5335

Feel free to call or text during the championships if you have any questions  
or concerns.

Good luck to all teams and players!

# Contact Information

## **Tamitik Jubilee Sports Complex**

400 City Centre, Kitimat, B.C.  
V8C 2G3  
1-250-632-8955

## **BC Hockey - North West District**

## **General Championship Information**

Sam De Beurs ( Committee Chair)  
kitimatminorhockey@gmail.com  
1-250-639-5335

## **Kitimat Minor Hockey Association**

Box 84, Kitimat, B.C.  
V8C 2G7  
kitimatminorhockey@gmail.com  
<http://kitimatminorhockey.teamsnapsites.com>

**BC Hockey Representative:** TBD

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## **‘Welcome’ Banquet:**

**Date:** March 15th  
**Time:** Doors open at 5:30pm  
**Speaker:**  
**Dinner options:**  
**Dress Code:** Semi Formal

More details to come...

## **LUSO Canadian Community Centre**

Kongigus St, Kitimat, B.C.  
V8C 2B2  
1-250-632-2961

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**Coaches & Managers Meeting:** Will follow directly after the banquet

*This is a mandatory meeting for all  
coaches and managers.*

## **LUSO Canadian Community Centre**

Kongigus St, Kitimat, B.C.  
V8C 2B2  
1-250-632-2961

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## **Opening Ceremonies: March 16th**

Attendance is mandatory for all teams

Location is Tamitik Arena, starting at 6:15pm

Teams playing immediately before and after will be in full gear, other teams in game day dress code under HOME jersey and shoes appropriate for walking on ice surface

# **Tournament Info**

Tournament Schedule subject to change based on number of teams attending the championships. We will have more of an idea of the schedule by mid January. The following schedule is based on an 8 team tournament.

## **Day 1**

10:00am A1 vs A4  
12:45am B1 vs B4  
3:30pm A2 vs A3  
6:15pm Opening Ceremonies  
6:45pm B2 vs B3

## **Day 3**

10:00am A3 vs A4  
12:45am B3 vs B4  
3:30pm A2 vs A3  
6:15pm B1 vs B2

## **Day 2**

10:00am A3 vs A1  
12:45am B3 vs B1  
3:30pm A4 vs A2  
6:15pm B4 vs B2

## **Day 4**

8:00am 1st Div. A vs 2nd Div. B  
11:00am 1st Div. B vs 2nd Div. A  
5:00pm Bronze L - A1-B2 vs L- B1-A2  
8:00pm Gold W - A1-B2 vs W - B1-A2

No closing ceremonies. But Fair play award will be awarded after the winner of the award's final game.

# **Tournament Info**

## **Tournament Program**

Once your team has qualified for the Championships, we request the following information:

- Official Team Picture: Highest resolution jpeg will be required for use in the program and the other print material. Please include names of everyone in order as they appear in the team photo and their jersey number as well.
- Association Logo: Please send a high resolution image of your association logo and your home jersey colors.
- Contact information: Please provide Head Coach and Managers names and contact numbers. Please send team picture, team logo and information to [kitimatminorhockey@gmail.com](mailto:kitimatminorhockey@gmail.com)
- A video showcasing your team and where they come from. These videos will be shown on our Facebook group site and available for all to see. You can use any format you would like. Should be a light hearted or funny video and keeping up with the spirit of team work and comradery.

## **Relief Goalies**

- There will be a “relief goalie” list that will be made available close to the start of the tournament.
- There is a goalie that will be available as replacements should your starting goalie be unable to play. We are a VERY small community with large distances between communities in the North West so it is highly recommended that you bring two goalies incase injury or illness should happen.
- It is stipulated by BC Hockey that goalies listed as “relief goalies” be currently registered and playing in a lower tier (i.e., Rec League or U13 goalie).

## **Equipment Checklist**

Prior to each team’s first game and possibly during the tournament, an equipment check will be conducted by a Referee Committee member with a referee or the BC Hockey Representative.

### **Important to note:**

- Particular importance will be paid to helmets and neck protection
- Any altered equipment will be removed from the game
- Anything that is CSA certified must include the appropriate label
- Ear protection on helmets is required
- Mask must be made for the particular helmet and fit properly
- Throat protectors must be BNQ certified and labeled as such
- No torn pants will be permitted
- Zippered pants must be fully done up
- No large holes in palms of glove. Please see full checklist included at the end of this document. The checklist must be signed by a team representative and provided to the tournament BC Hockey supervisor at the Coaches/Managers meeting to confirm that a check has been completed and all equipment is compliant as per the checklist.

All rules and regulations, round robin rules, game protests, tie breakers, ect will be provided to coaches and managers during the coaches and managers meeting on March 15th.

# **Fair Play Award**

The Fair Play Award in hockey is typically presented to a team, player, or organization that exemplifies sportsmanship, respect for opponents and officials, and clean, ethical play throughout a season or tournament. While specific awards may vary depending on the league or governing body, the concept is consistent: recognizing those who uphold the spirit of the game with dignity and integrity.

This year, the fair play award will be given to the team that shows the most sportsmanlike behavior both ON and OFF the ice. This includes the behavior of the players, the coaches and the parents. We will be looking at behaviors of the team and coaches on the ice. How they treat the referees, how they win or lose with dignity and to a degree, the penalties. Major penalties and game misconducts will also be looked at.

Positive behavior by hockey players in our town contributes to a strong sense of community, sets a positive example for younger athletes, and enhances the overall spirit of the game

Positive behavior by hockey coaches is essential for creating a positive and productive environment for players, fostering their growth both as athletes and individuals. Coaches serve as role models and leaders, influencing not only their team's success but also the culture of the sport.

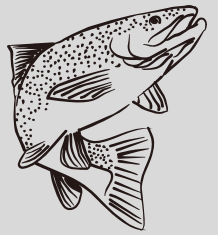
Positive behavior by parents in the stands at a hockey game is essential for fostering a positive and supportive environment for the players, officials, and other spectators.

We will be checking in with local hotels and restaurants throughout the tournament and keeping an eye on the behavior in the stands to determine the winner of the fair play award. We are working with local industry to provide the winner with a one of a kind token of our appreciation to the kindness shown to our community during your stay. The award will be presented at the end of the final game the winning team plays.



We are a hockey town and our community members are looking forward to welcoming your team and your families to our little slice of paradise on the North West Coast!

# Our Community



Kitimat, British Columbia, is a scenic, coastal town of approx 8,200 people located in northwestern Canada, renowned for its natural beauty, vibrant outdoor activities, and industrial significance. Nestled at the head of the Douglas Channel, this community offers a unique blend of breathtaking landscapes and opportunities for adventure. Here's an overview of what makes Kitimat special:

## **Geography and Nature**

- **Douglas Channel:** Kitimat is situated along this fjord-like waterway, surrounded by lush forests and rugged mountains.
- **Wilderness:** The area is rich in wildlife, including bears, eagles, and salmon, and features pristine rivers and forests.
- **Climate:** Kitimat has a temperate rainforest climate, with mild, wet winters and cool, moist summers.

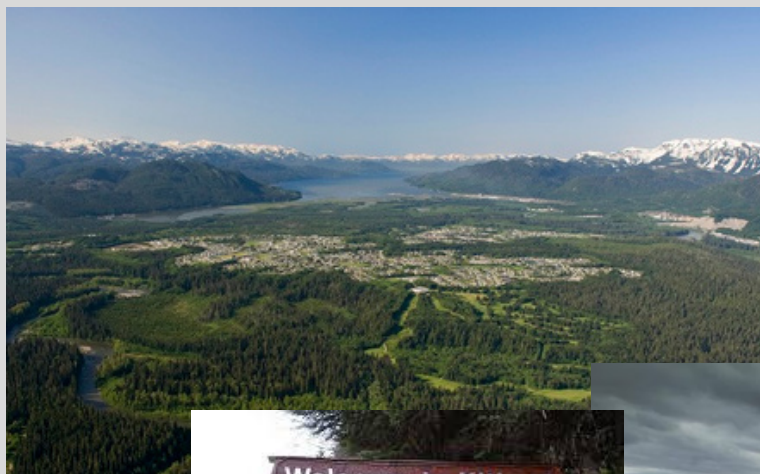
## **Outdoor Activities**

- **Fishing:** Kitimat River is famous for salmon and steelhead fishing, attracting anglers from around the world.
- **Hiking and Camping:** Trails like the Hirsch Creek Park and Coho Flats provide excellent outdoor experiences.
- **Water Sports:** The Douglas Channel is perfect for kayaking, boating, and whale watching.
- **Winter Sports:** Nearby mountains offer snowshoeing, skiing, and snowmobiling opportunities.

## **Community and Culture**

- **Industry Hub:** Kitimat is a key industrial center with facilities like the Rio Tinto Alcan aluminum smelter and the LNG Canada project.
- **Diverse Population:** The town has a multicultural community and a strong Indigenous presence, particularly the Haisla Nation.
- **Cultural Events:** Events like Riverboat Days celebrate Kitimat's heritage and community spirit.

Kitimat is a gateway to outdoor adventure and an important hub in British Columbia's economic landscape, making it a must-visit destination for nature lovers and industry enthusiasts alike.



*We acknowledge that we are living, working and playing on the unceded Haisla traditional territory.*

*We are grateful for the many opportunities that this privilege affords us.*



**H AISLA**  
**NATION**

## **Our Haisla History**

The Haisla, meaning “dwellers downriver”, have occupied their traditional territory since time immemorial. Today, the Haisla people are centered on Kitamaat Village. Home to approximately 700 of the 2023+ Haisla membership, Kitamaat Village sits at the head of the Douglas Channel in British Columbia. The balance of the Haisla live in places such as Kitimat, Terrace, Prince Rupert, in the metro Vancouver area and the United States.

Today’s Haisla Nation is an amalgamation of two historic bands – the Kitamaat of the Douglas and Devastation channels and the Kitlope of the upper Princess Royal Channel and Gardner Canal. Neighbouring nations include the Heiltsuk and Wuikinuxv bands of the Coast Tsimshian peoples.

Living and working on the water has always been important to the Haisla, and that remains so today. The Haisla people have lived off the land and water resources of the Douglas Channel and our traditional territory for hundreds of years, and protection of those resources for future generations is a strong commitment by every Haisla member.

Our territory’s resources have sustained us for generations, providing us with food, shelter, and livelihood. We have worked hard to harvest food, build our villages, and develop the resources we need to survive. The land is connected to our past, our culture, and now, our future.

The Haisla social system is based on matrilineal clans. Each clan has a *hiń áas* (hey-maus: chief) and *músmeził* (moos-moo-gheethl: matriarch). The present day clan system is as follows: Beaver, Raven, Eagle, Killer Whale/Black Fish/Salmon. Historically there were the Crow, Frog and Wolf clans but due to declining numbers they amalgamated with other clans.

Most Haisla continue to carry on the traditions of hunting, berry picking, gathering and fishing. Every spring, Haisla family groups still travel to the Kemano River for oolichan fishing. During oolichan season the village is full of the rich smell of the fish smoking. After a long, hard North Coast winter, oolichan are the first fish returning to spawn in local rivers. The Haisla use oolichan for almost everything, from food to medicine. Haisla people learned to boil oolichan and make it into a pure white grease, becoming experts producing a quality well known up and down BC’s Coast. Haisla people still trade this valuable commodity with neighbouring villages.

All info taken from The Haisla Nation Council Website: <https://haisla.ca/>

The following is a brief video of the Haisla origin story:  
<https://video.haisla.ca/en/c/the-haisla-origin-story.255>



# Tamitik Arena

Tamitik, which is Kitimat spelled backwards, is home to the Kitimat Winterhawks (BCHL) as well as the Kitimat Ice Demons (CIHL)

This arena will be host to the tier 4 - U15 BC Hockey Championships March 16th-19th, 2025.

The Tamitik concourse will be an interactive zone where various groups and teams throughout Kitimat will provide a number of activities for you to enjoy between games.

The concession in Tamitik Arena is run by the Kitimat Humane Society and all profits made go to help our furry friends.

Tamitik Arena was opened in 1980

- Amenities:
  - First aid room
  - Five dressing rooms (four with showers)
  - Heated seating areas
  - Meeting rooms
  - Press box
  - Referee's room (with shower)
  - Skate sharpening service
  - A concession
  - Two sets of public male/female washrooms
- Building size: upper level 2,643 sq m; lower level 2,948 sq m
- Dry floor available for summer season
- Ice surface 29 x 63 metres (1,826 sq m)
- Handicapped accessible with viewing area
- Seating capacity for 1977 with standing room for 400 more
- Walking track, 169 metres



# Accommodations

## Kitimat



### **MStar Hotel**

150 City Centre Mall  
1-250-632-7600

\*Must book before March 4th



### **Microtel**

635 Dadook ave  
1-778-655-3494



### **The Chalet Inn**

864 Tsimshian Blvd  
1-250-632-4615

Breakfast incl. Many asst.  
rooms available, some with  
kitchenettes.



### **Kitimat Lodge**

656 Dadook ave  
1-250-632-6677

A few cabins and a few single  
double bed rooms are  
available.



### **Kitimat River Motels & Suites**

650 Kuldo Blvd  
1-778-631-2841

All single queen bed rooms



### **Minette Bay Lodge**

2255 Kitimaat Village Road  
1-250-632-2907

Bed & Breakfast with about 10  
rooms of asst. prices.

## Terrace - 40 min drive away



### **Holiday Inn Express & Suites**

3059 Hwy 16 east Terrace  
1-778-634-3977



### **Comfort Inn & Suites**

5112 Hwy 16 west Terrace  
1-778-635-0788



### **Sandman Hotel Terrace**


4828 Hwy 16 east Terrace  
1-250-635-9151





### **Days Inn by Wyndham**


4620 Lakelse Ave  
1-250-638-8141


# Restaurants

 **Two Peaks Brewing Ltd.**  
578 Mountainview Square

 **The Chalet**  
852 Tsimshian Blvd  
1-250-632-2662

 **Office Bar | Bistro**  
406 Enterprise Ave  
1-250-639-2038

 **Rosario's Restaurant**  
607 Legion Ave  
1-250-632-4980

 **Chilly & Dancer Pub**  
874 Tsimshian Blvd  
1-250-632-6920

 **Chop Suey**  
426 Enterprise Ave  
1-250-632-6666

 **Mr Mikes Steakhouse**  
525 Mountainview Square  
1-778-631-2391


 **The Kuldo Restaurant**  
650 Kuldo Blvd  
1-778-632-2824


 **Fortune Kitchen**  
401 Enterprise Ave  
1-250-632-3828


 **PF Pizzeria and Bistro**  
238 City Centre  
1-250-639-9333


 **Domino's Pizza**  
386 City Centre  
1-778-649-2222

 **Tim Hortons**  
125 City Centre  
1-250-639-2090


 **Timmy's Deli**  
201 City Centre  
1-778-631-2824


 **The Creek Bar & Grill**  
2000 Kingfisher Ave  
1-250-632-4242

 **A & W**  
123 City Centre  
1-250-632-6190

 **Pizzarama**  
117 Nechako Centre  
1-250-639-9241

 **McDonald's**  
2109 Forest Ave  
1-778-631-2900

 **Subway**  
952 Wakashan Ave  
1-250-632-2991

 **Pedro's Grill**  
342 City Centre  
1-250-632-2199

 **BlueRoom Tavern**  
650 Kuldo Blvd  
1-778-631-2824


 **Dhamaka Indian Restaurant**  
1442 Nalibila Blvd


**The Humane Society runs the concession inside Tamitik Arena which will be open throughout the entire tournament.**

*Kitimat has a wide variety of food trucks that vary by day. But you can always find them in the lower city mall parking lot.*

## Grocery Stores

 **Kyle's No Frills**  
194 City Centre

 **Save On Foods**  
535 Mountainview Square

 **Tony's Corner Store**  
101 Nechako Centre

# Travelling Info

Warning: Kitimat is the Haisla word for, "People of the snow." What that means, is we get snow. A LOT OF SNOW. Typically, February brings our largest snow dump. We have been known to get dumps of snow 2-6ft in 24 hours. We also have temperate temperatures so our snow rarely compacts to become ice. Instead, we get slush. HWY crews are continuously out in full force, but please make sure you have winter tires on, and drive slowly and for the conditions.

## By vehicle

Wherever you are coming from, you will make your way to Prince George (very close to the geographical center of BC. From Prince George, you will make your way west on HWY 16 and head towards Terrace. As you reach Terrace, you will take a left at the round-about and head to Kitimat via HWY 37. We are an approximate 6 hour drive from Prince George. When we have long trips to make because of hockey tournaments, we like to break our trip up and stay half way. Our favorite half way point is to stop in Prince George is:

**The Best Western Plus.**  
**3387 BC-16**  
**1-250-964-8833**

We like this hotel because it's on the outskirts of town on the way to Kitimat. It has a great breakfast and pool creating lots of fun memories for the kids during these long travel days.

**Check road conditions here:**  
<https://www.drivebc.ca/>



## By Air

You may not want to make the long drive in the middle of the winter. If you are coming from the greater Vancouver area, you are looking easily at a 14 hour drive. If you choose to fly, you will want to fly into the Terrace BC Airport ( YXT) It's a very small airport but flights come in and out of Kitimat 3 times a day. Terrace airport is about a 30 min drive from Kitimat. Our cab companies aren't super reliable and often don't book pre-ordered rides. This leads to my next point. Vehicle rental places. The following are vehicle rental places located at the Terrace airport (Northwest Regional Airport).

### **Enterprise:**

<https://www.enterprise.ca/en/car-rental-locations/ca/bc/terrace-airport-in-terminal-c4e3.html>

### **Budget Rentals:**

<https://www.budget.ca/en/locations/ca/bc/terrace/yxt>

# Things to do

**Tamitik Jubilee sports center** - upstairs in the arena, through the main blue doors, you will gain access to our pool! Diving board, water park, water slide, lazy river, sauna and hot tub are all included.

**Riverlodge Recreation Center** - Down town towards the Microtel Hotel is our rec center. Here you can rent out the gym for floor hockey, sports, or wall climbing. Various classes are offered in the evenings at Riverlodge and might be a welcome addition to the player's families. Updates to come once the spring guide comes out.

**MK Bay Marina** - A short drive down to the Kitimaat Village, you will have access to the Douglas Channel (Ocean). This is an incredible viewing area of the ocean, and there is even a short hiking trail to a look out point (Gazebo). This particular area comes to live during the week of March 17th every year. The herring are chased into the marina by sea lions and Orca whales. Whale sightings are known during this time and it is a marvel to watch the locals fish for herring. Herring is used in the Indigenous culture as well as to local fisherpeople who use it as bait for salmon and halibut fishing.

Minette Bay and Alcan Beach are fantastic areas to go for a picnic lunch and view the beauties of our Ocean!

## **Museum and Cultural Activities**

- **Kitimat Museum and Archives:** A great place to learn about the history of the area, including its Indigenous heritage and the town's industrial development. This could be a nice indoor activity if you need a break from the cold.
- **Haisla Nation Cultural Centre:** If you want to learn about the local Indigenous culture, this centre offers exhibits and cultural information about the Haisla people.

**Hirsch Creek Trail** is a popular hiking trail located in the Kitimat region of British Columbia. It offers outdoor enthusiasts an opportunity to explore the natural beauty of the area, with views of forests, streams, and, in some cases, glimpses of the surrounding mountains and valleys.

**The Kitimat River** is another great spot to visit if you're in the mood for a walk or a relaxing time by the water.

## **BEAR AWARE**

In Kitimat, BC, as in much of rural and wilderness areas of British Columbia, bear awareness is essential for anyone spending time outdoors. Bears, particularly black bears and grizzly bears, are common in the region, and understanding how to stay safe and minimize risks is important for both residents and visitors. Here are some key tips and resources to help you stay bear aware in Kitimat:

### **Bear Species in Kitimat, BC:**

- **Black Bears:** These are the most common bear species in the Kitimat region. They tend to be smaller than grizzly bears but can still be dangerous if provoked or surprised.
- **Grizzly Bears:** While less common than black bears, grizzly bears do inhabit the area, especially in more remote or mountainous regions. They are typically larger and more aggressive, particularly when defending food or their cubs.

## **Terrace**

A short drive from Kitimat (about 50 minutes), Terrace is a larger town with more shopping, dining, and recreational options. It's worth the trip if you want to explore a bit outside Kitimat.

**Terrace Pool** refers to the Terrace Aquatic Centre, a popular community facility offering a range of aquatic amenities for both recreation and fitness.

**Bubbleland** in Terrace, BC, is an indoor play center designed for children to have fun and burn off some energy. It's especially popular for families with younger children, offering a safe and engaging environment for play.

**Skeena Mall** is the primary shopping center in Terrace, BC, offering a mix of retail stores, services, and food options. It's an important commercial hub in the city and serves as a go-to destination for locals and visitors alike, providing a variety of shopping, dining, and entertainment opportunities.

# Skate Sharpening and Sports Stores

## Sparky's Edge Skate Sharpening

Conveniently located in the lower Tamitik Arena Lobby. Perfect place to grab your grip or hockey take at the same time as getting your skates sharpened.

Contact Info: 250-639-4368 [sharpenerguy@gmail.com](mailto:sharpenerguy@gmail.com)

Hours of operation: TBA

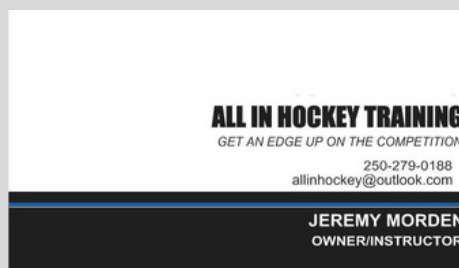


## Jeremy Morden - All in Hockey Skate Sharpening

Please call ahead to arrange skate sharpening.

Contact Info: 250- 279-0188 [11 Braun St. Kitimat](mailto:allinhockey@outlook.com)

Hours of operation: Throughout the entire tournament



## Sports Stores

Unfortunately, Kitimat does not have a sports store. However, there are a few near by. Please make sure that you check your gear and have everything you need because there is nowhere in Kitimat to purchase hockey itmes.

### Sport Chek, Terrace

4741 Lakelse Ave, Terrace  
250-635-1508



### Sport Chek, Smithers

3664 BC HWY 16 unit 1440, Smithers  
250-847-1650



### Dan's Source for Sport, Smithers

1214 Main St. Smithers  
250-847-2136



### Evolve Sport and Cycle

2299 Westwood Dr  
250-564-6002

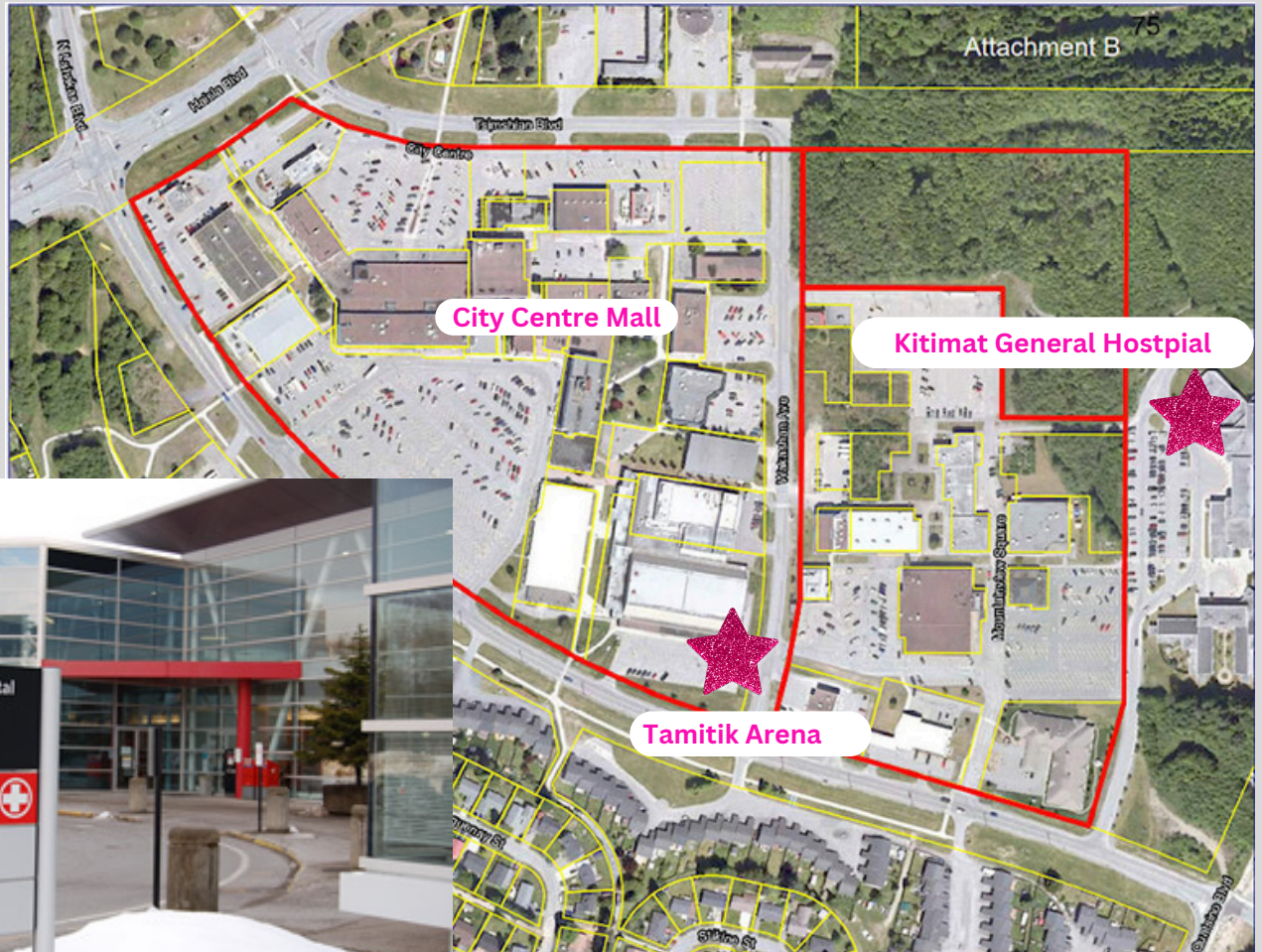


# Emergency Services

## Kitimat General Hospital

Kitimat General Hospital and Health Centre (KGH) is a Level 4 trauma centre providing medical services to our community. These medical services are managed through Northern Health.

**920 Lahakas Blvd 250-632-2121**



Dial **911** in case of emergency

### You are at:

**Tamitik Jubilee Sports Centre**

400 City Centre

1-250-632-8955

### You are going to:

**Kitimat General Hospital**

920 Lahakas Blvd

1-250-632-2121

## **Tournament Facebook Page**

Link will be posted here for you to have access to all information regarding the Tier 4 U15 Provincial Championships: To be posted once page has been created.

Link will be posted here to access the online store which will sell all Tier 4 U15 clothing and merch. Items will be ready to pick up on March 15th or throughout the championships. Divisional Managers will pick up from us, and will hand out all items to their teams: To be posted once page has been created.

Here is an example of the items that are sold on that link:





## EQUIPMENT CHECKLIST

EQUIPMENT	INSPECT	BASIC THINGS TO LOOK FOR
PANTS	Condition	<ul style="list-style-type: none"><li>-No tears, loose threads &amp;/or dangling belts/straps.</li><li>-Inside zippers done up and working.</li></ul>
STICK		<ul style="list-style-type: none"><li>-Plug is in butt end of the stick (top).</li><li>-Blade has no sharp edges, breakages</li></ul>
HELMET	Condition	<ul style="list-style-type: none"><li>-Must have visible CSA label, snug chin strap, ear guards, be tape free &amp; not painted.</li><li>-Numbers, team decals and decals supporting a cause (ie. Humbolt, Cancer etc.) are permitted</li><li>-No cracks in shell or padding.</li></ul>
FACEMASK	Condition	<ul style="list-style-type: none"><li>-No metal bars broken on cages</li><li>-Tight screws and if replacements, NOT too long.</li><li>-Straps snug with stretch in elastic</li><li>-Clips in place.</li><li>-NO cracks in plastic</li><li>-watch for rust at wire seams</li></ul>
GLOVES	Condition	<ul style="list-style-type: none"><li>-High enough so covers wrist. Firm fingers, thumb and back padding</li><li>-Palms soft and pliable. NO holes near fingers or in palm larger than a quarter)</li><li>-No loose threads</li></ul>
NECKGUARD	Condition	<ul style="list-style-type: none"><li>-Fits snug enough around neck</li><li>-MUST have BNQ certification, be free of fabric cuts</li><li>-Velcro strap NOT worn and in good working order</li><li>-Must not be altered in any way</li><li>-Rips or tears should be sewn.</li><li>-No tape wrapped around neckguard</li></ul>