



**PROGRAM OF EXCELLENCE**  
**U16 REGIONAL CAMP**  
 Shawnigan Lake Arena  
 March 19-22, 2026

| <b>Friday, March 20, 2026</b> |                 |                      |                   |  |                      |
|-------------------------------|-----------------|----------------------|-------------------|--|----------------------|
| <b>Start Time</b>             | <b>End Time</b> | <b>Activity Type</b> | <b>Team/Group</b> |  | <b>Location</b>      |
| 12:30PM                       | 1:30PM          | Practice             | U16 Team 1        |  | Shawnigan Lake Arena |
| 1:45PM                        | 2:45PM          | Practice             | U16 Team 2        |  | Shawnigan Lake Arena |
| 3:00PM                        | 4:00PM          | Practice             | U16 Team 3        |  | Shawnigan Lake Arena |
| 4:15PM                        | 5:15PM          | Practice             | U16 Team 4        |  | Shawnigan Lake Arena |

**\*\*Goalies will be contacted if they are selected to move forward after their Goalie Session\*\***

| <b>Saturday, March 21, 2026</b> |                 |                      |                     |            |                      |
|---------------------------------|-----------------|----------------------|---------------------|------------|----------------------|
| <b>Start Time</b>               | <b>End Time</b> | <b>Activity Type</b> | <b>Team</b>         |            | <b>Location</b>      |
| 9:00AM                          | 10:00AM         | Game                 | U16 Team 1          | U16 Team 2 | Shawnigan Lake Arena |
| 10:15AM                         | 11:15AM         | Game                 | U16 Team 3          | U16 Team 4 | Shawnigan Lake Arena |
| 12:45PM                         | 1:45PM          | Goalie Session       | All U15/U16 Goalies |            | Shawnigan Lake Arena |
| 2:00PM                          | 3:00PM          | Game                 | U16 Team 4          | U16 Team 1 | Shawnigan Lake Arena |
| 3:15PM                          | 4:15PM          | Game                 | U16 Team 2          | U16 Team 3 | Shawnigan Lake Arena |

| <b>Sunday, March 22, 2026</b> |                 |                      |             |            |                      |
|-------------------------------|-----------------|----------------------|-------------|------------|----------------------|
| <b>Start Time</b>             | <b>End Time</b> | <b>Activity Type</b> | <b>Team</b> |            | <b>Location</b>      |
| 11:15AM                       | 12:15PM         | Game                 | U16 Team 4  | U16 Team 2 | Shawnigan Lake Arena |
| 12:30PM                       | 1:30PM          | Game                 | U16 Team 1  | U16 Team 3 | Shawnigan Lake Arena |
| 3:00PM                        | 4:00PM          | Game                 | U16 Team 3  | U16 Team 4 | Shawnigan Lake Arena |
| 4:15PM                        | 5:15PM          | Game                 | U16 Team 1  | U16 Team 2 | Shawnigan Lake Arena |

\*\* Schedule is subject to change \*\*



To Lead, Develop and Promote Positive Lifelong Hockey Experiences.