



**2023-24**  
**U18 TIER 1**

**BC HOCKEY**  
**Provincial Championships**

**March 2024**



**Nanaimo Minor Hockey Association**

**BC Hockey Mission Statement: “Lead, Develop and Promote  
Positive Lifelong Hockey Experiences”**

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**WELCOME**  
**PRESIDENT'S MESSAGE**



Nanaimo Minor Hockey Association has the honour of hosting the U18 Tier 1 BC Hockey Championships 2023-24. On behalf of the Executive Board and our members, I would like to take this opportunity to welcome the players, coaches and their families to our City.

The tournament committee, assisted by an able group of volunteers from across the membership, has been working hard to ensure that all of the participants will be left with memories that will last a lifetime. Please do not hesitate to approach them if you have any questions about the tournament or Nanaimo.

The journey to a BC Hockey Championship is not an easy one and the players here this week have shown the necessary dedication and teamwork. We know the participants will display the skill, work ethic and sportsmanship which are all integral parts of minor hockey. Their responsibility here goes beyond what happens on the ice as they are all goodwill ambassadors for their Districts. We wish them all good luck and fair play.

To the family members who are accompanying the players, we hope you enjoy your stay in Nanaimo, and please take the opportunity between games, to visit our City. To the competitors, Nanaimo Minor Hockey and Executive wish you the best of luck and a safe journey home.

Glenn Cook - President  
Nanaimo Minor Hockey Association

## **PLANNING COMMITTEE**

NMHA President

Glenn Cook

[gjccook@shaw.ca](mailto:gjccook@shaw.ca)

Tournament Chair

Amanda Rauh

[amandarrauh@gmail.com](mailto:amandarrauh@gmail.com)

NMHA Administrator

Vicky Long

[administrator@hockeynanaimo.com](mailto:administrator@hockeynanaimo.com)

Vice President,

Island League Competitive,

VIAHA

Ken Miyoshi

[vpislandleague@gmail.com](mailto:vpislandleague@gmail.com)

U18 Tier1 Parents

## **GENERAL CHAMPIONSHIP INFORMATION**

The Championship will run from Sunday March 17<sup>th</sup>, 2024, to Thursday March 21<sup>st</sup>, 2024.

All games will be held at the Nanaimo Ice Center (NIC).

The Banquet will be held at 6:30pm on March 17<sup>th</sup> at Beban Park Social Center, 2300 Bowen Road, Nanaimo. Doors will open at 6:15pm.

The Coaches meeting will take place immediately after the banquet.

The Opening Ceremony is a MANDATORY event, and will take place from 6:45pm to 7:00pm on Monday March 18<sup>th</sup> at the Nanaimo Ice Centre. Please note this time could change depending on the schedule.

The Closing Ceremony will take place immediately after the Championship Game on Thursday, March 21<sup>st</sup>, at the Nanaimo Ice Centre.

## **LOCATION**

Nanaimo is “action central” and a great place to relax. The name of our City is taken from the Snuneymuxw word meaning “Gathering Place”. Nanaimo is a vibrant business community and a regional economic center.

Nanaimo is west of Vancouver, about two hours by ferry on the opposite side of the Strait of Georgia. While many only know Nanaimo for the non-baked cookies known as Nanaimo Bars, or for the locally-famous bathtub races on Nanaimo Harbour, this waterfront city is actually the third oldest in British Columbia and offers visitors a chance to visit several key historical sites. Nanaimo visitors are encouraged to visit the Tourism Nanaimo Visitor Centre downtown, where brochures offer both walking tours and the recipe for Nanaimo Bars.

After walking around the city, visitors to Nanaimo might also enjoy exploring the green spaces in the city. With more than 130 kilometers of trails and 65 playgrounds, city developers have ensured no one will be bored.

For more information, please visit the City of Nanaimo website.

[www.nanaimo.ca](http://www.nanaimo.ca)



## **TRANSPORTATION**

Two main highways service the city. The traditional route through the centre of town is via the Trans-Canada Highway (Highway 1), which winds north from Victoria and ends at the Departure Bay ferry terminal. The Island Highway (#19A) continues onward from here, past the shopping malls and business parks in north Nanaimo. Taking a scenic driving route is also a great option for exploring Nanaimo's surrounding area.

A high-speed bypass is the Nanaimo Parkway (#19). It begins off the Trans Canada at Nanaimo's south end just past the Duke Point turnoff and skirts the western edge of the city on its way up-island. Several car rental companies can be found in Nanaimo for those wishing to pick up a car on arrival.

### **Ferry Travel**

**BC Ferries:** Nanaimo is the major arrival and departure point for cars and foot passenger via BC Ferries. It is home to two of the island's three major ferry terminals – one at the northwestern edge of downtown (Departure Bay) and the other at Nanaimo's south end (Duke Point). Reservations are recommended.

[www.bcferries.com](http://www.bcferries.com)

**Hullo Ferry:** Fast, convenient ferry travel between downtown Vancouver and Nanaimo. Foot-passenger travel is about to get a 'hull' lot better. Our fast-ferry service is here to connect you to a boatload of possibilities in just 70 minutes.

[www.hullo.com](http://www.hullo.com)

### **Public Transportation**

The Nanaimo Regional Transit System provides regularly scheduled morning, afternoon and early evening service. Call the customer information line (250-390-4531) for routing tips or look at their website. [www.bctransit.com/nanaimo/home](http://www.bctransit.com/nanaimo/home)

### **Air Travel**

Nanaimo Airport is 18km/11mi south of the city off the Trans-Canada Highway. A number of Airlines offer service to and from Nanaimo. [www.ycd.ca](http://www.ycd.ca)

Sea planes offer direct service between Vancouver Harbour or the Vancouver Airport to Nanaimo. Seair [www.seairseaplanes.com](http://www.seairseaplanes.com) and Harbour Air [www.harbourair.com/](http://www.harbourair.com/)

Helijet: Offers helicopter service between Nanaimo and Vancouver.

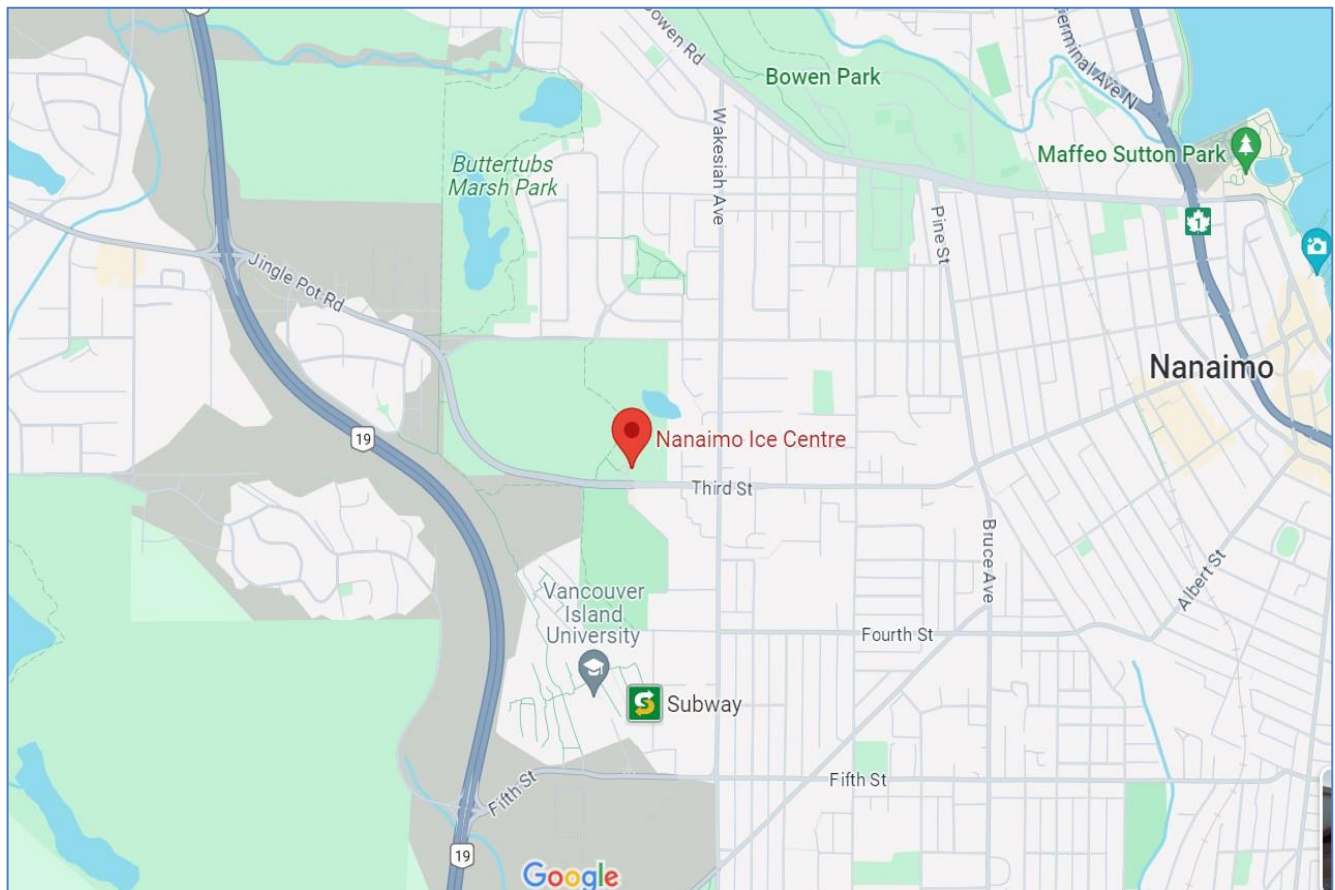
[www.helijet.com/](http://www.helijet.com/)

## NANAIMO ICE CENTRE

The City of Nanaimo opened the doors to the New Nanaimo Ice Centre on July 16<sup>th</sup>, 2006. With two NHL size rinks and a large open community room.

[www.nanaimo.ca/facilities/Details/216-Nanaimo-Ice-Centre](http://www.nanaimo.ca/facilities/Details/216-Nanaimo-Ice-Centre)

Located at 750 – 3<sup>rd</sup> St. Exit 18 off the Island Parkway; across from the Nanaimo Aquatic Center.





## **ACCOMMODATIONS**

The QUALITY INN  
440 Selby St.  
[www.choicehotels.com](http://www.choicehotels.com)  
1-888-688-5714

The COAST BASTION INN  
11 – Bastion St  
[www.coasthotels.com](http://www.coasthotels.com)  
250-753-6601

The BEST WESTERN DORCHESTER  
70 - Church St  
250-754-6835

TRAVELODGE NANAIMO  
96 Terminal Ave.  
250-754-6355

DAYS INN  
809 Island Hwy  
250-980-3925

RAMADA NANAIMO  
315 Rosehill St.  
250-716-2009

MICROTEL INN & SUITES  
12570 Trans Canada Hwy  
North Oyster, BC  
1-855-516-1090

## **USEFUL INFORMATION**

### **Skate Sharpening**

The Edge Skate Sharpening

2118 Lang Cres

Text or Call Jim at (250) 668-7070

Kirby's Source for Sports

1925 Bowen Road

(250) 585-5066

### **Medical Care**

Nanaimo Regional General Hospital

1200 Dufferin Crescent

Nanaimo, BC V9S 5R6

(250) 754-2141

The Medical Arts Centre

Open: Monday – Friday 9am to 9pm

Saturday and Sunday 10:30am to 5pm

13-650 South Terminal Ave

Nanaimo, BC

(250)753-3431

Ladysmith Urgent Care Clinic

Open: Daily 7:30am to 9:30pm

1111 4<sup>th</sup> Ave.

Ladysmith, BC

(250) 739-5777

Parksville Urgent Care Clinic

Open: Daily 7:30am to 9:30pm

489 Alberni Hwy

Parksville, BC

(250) 951-9550

## **Shopping Malls**

### **Woodgrove Centre**

6631 Island Highway North

Includes: Avalon Cinemas 250- 390-5021

### **North Town Center Mall**

#168 - 4750 Rutherford Road

Includes: Galaxy Cinemas 729-8000

### **Country Club Mall**

27-3200 Island Highway North

### **Port Place Shopping Center**

90B 650 Terminal Avenue

Includes: Casino

## **Restaurants and Coffee Shops**

<http://www.cityofnanaimo.com/food-services/index.html>

Try the Nanaimo Bar Trail

<https://www.tourismnanaimo.com/what-to-do/sip-and-savour/nanaimo-bar-trail/>

## **NANAIMO ACTIVITIES**

Whether you are here for an hour, a day, a week or forever, Nanaimo offers some of the most magical things to do in the world. Visitors to Nanaimo will enjoy a variety of activities, attractions and places to see, whether it be before, during or after the game. Below is a sample of some activities that you can do while visiting Nanaimo.

### **Newcastle Island (Saysutshun)**

Designated a Provincial Marine Park in 1961, the 331 hectare island provides delegates with a wonderful opportunity to get close up and personal with nature. Visit one of more than 50 historical and natural attractions. If you are lucky, you may even spot the famous blonde raccoons unique to this Island.

<https://newcastleisland.ca/>

### **Rock Climbing**

Indoor or outdoor, delegates can learn and experience this activity. The Romper Room Climbing Gym will also set up the climbing wall right at your event.

<https://climbromperroom.com/>

### **Heritage Walks, Hiking and Mountain Biking**

Explore Nanaimo's outdoors on foot or on wheels. Get outside and explore Nanaimo's history and natural surroundings. Or take a hike in one of the 200 green spaces and parks in Nanaimo's beautiful parks and trails system.

<https://www.alltrails.com/canada/british-columbia/nanaimo>

### **Nanaimo Aquatic Centre**

Wave pool, state of the art workout facilities and more, await you at this new facility. Whether you want to relax in the hot tub, take a sauna, drift down the lazy river or keep up with your daily workout, the Nanaimo Aquatic Centre has it all.

<https://www.nanaimo.ca/facilities/Details/147-Nanaimo-Aquatic-Centre>

## **Wild Play**

Experience the “most terrifying ride in North America.” Jump off the Bungy Zone bridge. Or try the Ultimate Wing and the Zip Line to get your adrenaline going.

<https://www.wildplay.com/nanaimo>

## **EXIT Escape Rooms**

EXIT is for thrill seekers of all ages. Our real-life escape games give visitors a chance to enter another world, then use their wits, creativity, speed and teamwork to escape.

[https://e-exit.ca/nanaimo/?utm\\_source=GMB&utm\\_medium=Main](https://e-exit.ca/nanaimo/?utm_source=GMB&utm_medium=Main)

## **Bowling**

<https://www.splitsville.ca/nanaimo-bowling>

<https://brechinlanes.ca/>



## NANAIMO MINOR HOCKEY

### **NO TOLERANCE FOR VIOLENCE CODE**

#### FOR PLAYERS:

- (a) I will learn, understand and play by the rules;
- (b) I am responsible for and must control my actions - I will control myself at all times or I will leave the ice;
- (c) I will respect my opponents by being mindful of their safety;
- (d) I will never act in a disrespectful way towards a referee.

#### FOR PARENTS:

- (a) I will assist my child to understand and play by the rules of the game;
- (b) I will remind my child, whenever necessary, that acting in a violent manner is not an acceptable part of youth hockey;
- (c) I will never act in a disrespectful way towards a referee;
- (d) I am responsible for and must control my actions - I will control myself at all times or I will leave the arena;
- (e) I will not vocally or by my actions antagonize, criticize or heckle anyone.

#### FOR COACHES:

- (a) I will lead by example and respect the rules;
- (b) I will teach my players to play by the rules;
- (c) I am responsible for and must control my actions - I will control myself at all times or I will leave the arena;
- (d) I will not tolerate any violent conduct on the part of my players;
- (e) I will never act in a disrespectful way towards a referee;
- (f) I will not vocally or by my actions antagonize or heckle anyone.

**Nine- Team Format**

<b>DAY 1</b>	<b>March 18<sup>th</sup>, 2024</b>	<b>Pool A</b>	<b>Pool B</b>
8:00	A1 vs A3	A1	B1
10:45	B1 vs B3	A2	B2
1:30	A2 vs A4	A3	B3 Host Team
4:15	B2 vs B4	A4	B4
7:00	OPENING CEREMONIES		B5
7:30	B3 vs B5		

**DAY 2      March 19<sup>th</sup>, 2024**

8:00	B2 vs B1
10:45	A3 vs A2
1:30	B4 vs B5
4:15	A4 vs A1
7:00	B3 vs B2

**DAY 3      March 20<sup>th</sup>, 2024**

7:00	B1 vs B4
9:30	B5 vs B2
12:00	A1 vs A2
2:30	A3 vs A4
5:00	B5 vs B1
7:30	B4 vs B3

**DAY 4      March 21<sup>st</sup>, 2024**

8:00	1st Div A vs 2nd Div B
11:00	1st Div B vs 2nd Div A
5:00	Bronze Medal
8:00	Gold Medal

Host - B3