



2023-24
U18 TIER 1

BC HOCKEY
Provincial Championships

March 2024



Nanaimo Minor Hockey Association

**BC Hockey Mission Statement: “Lead, Develop and Promote
Positive Lifelong Hockey Experiences”**

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WELCOME

PRESIDENT'S MESSAGE

Nanaimo Minor Hockey Association has the honour of hosting the U18 Tier 1 BC Hockey Championships 2023-24, on behalf of the Executive Board and our members, I would like to take this opportunity to welcome the players, coaches and their families to our City.

The tournament committee, assisted by an able group of volunteers from across the membership, have been working hard to ensure that all of the participants will be left with memories that will last a lifetime. Please don't hesitate to approach them if you have any questions about the tournament or Nanaimo.

The journey to a BC Hockey Championship is not an easy one and the players here this week have shown the necessary dedication and teamwork. We know the participants will display the skill, work ethic and sportsmanship which are all integral part of minor hockey. Their responsibility here goes beyond what happens on the ice as they are all goodwill ambassadors for their Districts. We wish them all good luck and fair play.

To the family members who are accompanying the players, we hope you enjoy your stay in Nanaimo and please take the opportunity, between games, to visit our City. To the competitors, Nanaimo Minor Hockey and Executive wish you the best of luck and a safe journey home.

Glenn Cook - President
Nanaimo Minor Hockey Association

PLANNING COMMITTEE

NMHA President

Glenn Cook

gjccook@shaw.ca

Tournament Chair

Amanda Rauh

amandarrauh@gmail.com

NMHA Administrator

Vicky Long

administrator@hockeynanaimo.com

U18 T1 Parents

GENERAL CHAMPIONSHIP INFORMATION

The Championship will run from Sunday March 17, 2024 to Thursday March 21, 2024.

All games will be held at the Nanaimo Ice Center (NIC).

Banquet will be held at 6:30pm on March 17th at the Nanaimo Curling Club, 106 Wall Street, Nanaimo. Doors will open at 6:00pm.

The Coaches meeting will take place immediately after the banquet.

The Opening Ceremony is a MANDATORY event, and will take place from 6:45pm to 7:00pm on Sunday March 17th at the Nanaimo Ice Centre. Please note this time could change dependent on the schedule.

The Closing Ceremony will take place immediately after the Championship Game on Thursday March 21st, at the Nanaimo Ice Centre.

LOCATION

Nanaimo is “action central” and a great place to relax. The name of our City is taken from the Snuneymuxw word meaning “Gathering Place”. Nanaimo is a vibrant business community and a regional economic center.

Nanaimo is west of Vancouver, about two hours by ferry on the opposite side of the Strait of Georgia. While many only know Nanaimo for the non-baked cookies known as Nanaimo Bars, or for the locally-famous bathtub races on Nanaimo Harbour, this waterfront city is actually the third oldest in British Columbia and offers visitors a chance to visit several key historical sites. Nanaimo visitors are encouraged to visit the Tourism Nanaimo Visitor Centre downtown, where brochures offer both walking tours and the recipe for Nanaimo Bars.

After walking around the city, visitors to Nanaimo might also enjoy exploring the green spaces in the city. With more than 130 kilometers of trails and 65 playgrounds, city developers have ensured no one will be bored.

For more information please visit the City of Nanaimo website.

www.nanaimo.ca



TRANSPORTATION

Two main highways service the city. The traditional route through the centre of town is via the Trans-Canada Highway (Highway 1), which winds north from Victoria and ends at the Departure Bay ferry terminal. The Island Highway (#19A) continues onward from here, past the shopping malls and business parks in north Nanaimo. Taking a scenic driving route is also a great option for exploring Nanaimo's surrounding area.

A high-speed bypass is the Nanaimo Parkway (#19). It begins off the Trans Canada at Nanaimo's south end just past the Duke Point turnoff and skirts the western edge of the city on its way up-island. Several car rental companies can be found in Nanaimo for those wishing to pick up a car on arrival.

Ferry Travel

BC Ferries: Nanaimo is the major arrival and departure point for cars and foot passenger via BC Ferries. It is home to two of the island's three major ferry terminals – one at the northwestern edge of downtown (Departure Bay) and the other at Nanaimo's south end (Duke Point). Reservations are recommended.

www.bcferrys.com

Hullo Ferry: Fast, convenient ferry travel between downtown Vancouver and Nanaimo. Foot-passenger travel is about to get a 'hull' lot better. Our fast-ferry service is here to connect you to a boatload of possibilities in just 70 minutes.

www.hullo.com

Public Transportation

The Nanaimo Regional Transit System provides regularly scheduled morning, afternoon and early evening service. Call the customer information line (250-390-4531) for routing tips or look at their website. www.bctransit.com/nanaimo/home

Air Travel

Nanaimo Airport is 18km/11mi south of the city off the Trans-Canada Highway. A number of Airlines offer service to and from Nanaimo. www.ycd.ca

Sea planes offer direct service between Vancouver Harbour or the Vancouver Airport to Nanaimo. Seair www.seairseaplanes.com and Harbour Air www.harbourair.com/

Helijet: Offers helicopter service between Nanaimo and Vancouver.

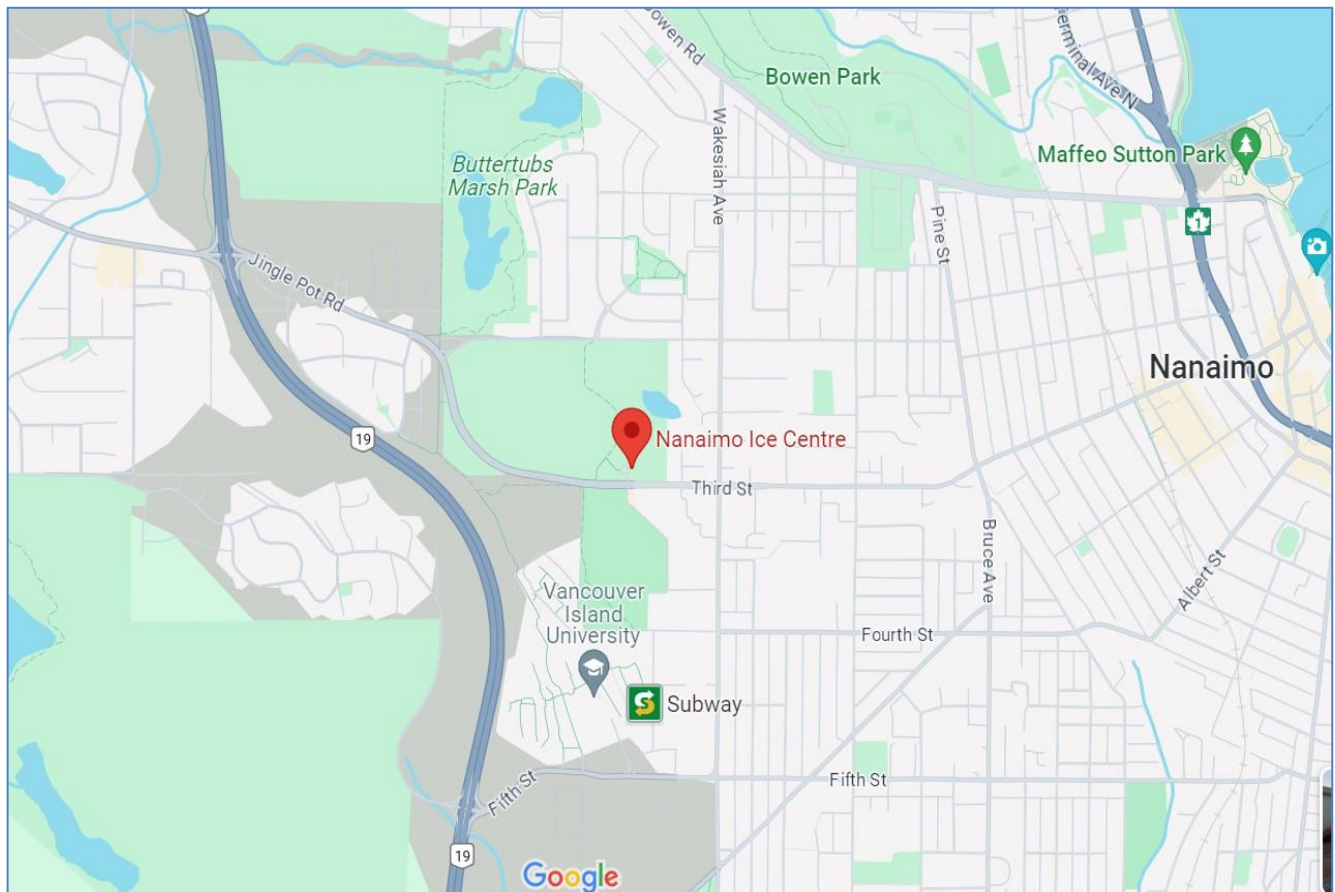
www.helijet.com/

NANAIMO ICE CENTRE

The City of Nanaimo opened the doors to the New Nanaimo Ice Centre on July 16th, 2006. With two NHL size rinks and a large open community room.

www.nanaimo.ca/facilities/Details/216-Nanaimo-Ice-Centre

Located at 750 – 3rd St. Exit 18 off the Island Parkway; across from the Nanaimo Aquatic Center.



ACCOMMODATIONS

The QUALITY INN
440 Selby St.
www.choicehotels.com
1-888-688-5714

The COAST BASTION INN
11 – Bastion St
www.coasthotels.com
250-753-6601

The BEST WESTERN DORCHESTER
70 - Church St
250-754-6835

TRAVELODGE NANAIMO
96 Terminal Ave.
250-754-6355

DAYS INN
809 Island Hwy
250-980-3925

RAMADA NANAIMO
315 Rosehill St.
250-716-2009

MICROTEL INN & SUITES
12570 Trans Canada Hwy
North Oyster, BC
1-855-516-1090

USEFUL INFORMATION

Skate Sharpening

The Edge Skate Sharpening

2118 Lang Cres

Text or Call Jim at (250) 668-7070

Kirby's Source for Sports

1925 Bowen Road

(250) 585-5066

Medical Care

Nanaimo Regional General Hospital

1200 Dufferin Crescent

Nanaimo, BC V9S 5R6

(250) 754-2141

The Medical Arts Centre

Open: Monday – Friday 9am to 9pm

Saturday and Sunday 10:30am to 5pm

13-650 South Terminal Ave

Nanaimo, BC

(250)753-3431

Ladysmith Urgent Care Clinic

Open: Daily 7:30am to 9:30pm

1111 4th Ave.

Ladysmith, BC

(250) 739-5777

Parksville Urgent Care Clinic

Open: Daily 7:30am to 9:30pm

489 Alberni Hwy

Parksville, BC

(250) 951-9550

Shopping Malls

Woodgrove Centre

6631 Island Highway North

Includes: Avalon Cinemas 250- 390-5021

North Town Center Mall

#168 - 4750 Rutherford Road

Includes: Galaxy Cinemas 729-8000

Country Club Mall

27-3200 Island Highway North

Port Place Shopping Center

90B 650 Terminal Avenue

Includes: Casino

Restaurants and Coffee Shops

<http://www.cityofnanaimo.com/food-services/index.html>

Try the Nanaimo Bar Trail

<https://www.tourismnanaimo.com/what-to-do/sip-and-savour/nanaimo-bar-trail/>

NANAIMO ACTIVITIES

Whether you are here for an hour, a day, a week or forever, Nanaimo offers some of the most magical things to do in the world. Visitors to Nanaimo will enjoy a variety of activities, attractions and places to see, whether it be before, during or after the game. Below is a sample of some activities that you can do while visiting Nanaimo.

Newcastle Island (Saysutshun)

Designated a Provincial Marine Park in 1961, the 331 hectare island provides delegates with a wonderful opportunity to get close up and personal with nature. Visit one of more than 50 historical and natural attractions. If you are lucky, you may even spot the famous blonde raccoons unique to this Island.

<https://newcastleisland.ca/>

Rock Climbing

Indoor or outdoor, delegates can learn and experience this activity. The Romper Room Climbing Gym will also set up the climbing wall right at your event.

<https://climbromperroom.com/>

Heritage Walks, Hiking and Mountain Biking

Explore Nanaimo's outdoors on foot or on wheels. Get outside and explore Nanaimo's history and natural surroundings. Or take a hike in one of the 200 green spaces and parks in Nanaimo's beautiful parks and trails system.

<https://www.alltrails.com/canada/british-columbia/nanaimo>

Nanaimo Aquatic Centre

Wave pool, state of the art workout facilities and more, await you at this new facility. Whether you want to relax in the hot tub, take a sauna, drift down the lazy river or keep up with your daily workout, the Nanaimo Aquatic Centre has it all.

<https://www.nanaimo.ca/facilities/Details/147-Nanaimo-Aquatic-Centre>

Wild Play

Experience the “most terrifying ride in North America.” Jump off the Bungy Zone bridge. Or try the Ultimate Wing and the Zip Line to get your adrenaline going.

<https://www.wildplay.com/nanaimo>

EXIT Escape Rooms

EXIT is for thrill seekers of all ages. Our real-life escape games give visitors a chance to enter another world, then use their wits, creativity, speed and teamwork to escape.

https://e-exit.ca/nanaimo/?utm_source=GMB&utm_medium=Main

Bowling

<https://www.splitsville.ca/nanaimo-bowling>

<https://brechinlanes.ca/>



NANAIMO MINOR HOCKEY

NO TOLERANCE FOR VIOLENCE CODE

FOR PLAYERS:

- (a) I will learn, understand and play by the rules;
- (b) I am responsible for and must control my actions - I will control myself at all times or I will leave the ice;
- (c) I will respect my opponents by being mindful of their safety;
- (d) I will never act in a disrespectful way towards a referee.

FOR PARENTS:

- (a) I will assist my child to understand and play by the rules of the game;
- (b) I will remind my child, whenever necessary, that acting in a violent manner is not an acceptable part of youth hockey;
- (c) I will never act in a disrespectful way towards a referee;
- (d) I am responsible for and must control my actions - I will control myself at all times or I will leave the arena;
- (e) I will not vocally or by my actions antagonize, criticize or heckle anyone.

FOR COACHES:

- (a) I will lead by example and respect the rules;
- (b) I will teach my players to play by the rules;
- (c) I am responsible for and must control my actions - I will control myself at all times or I will leave the arena;
- (d) I will not tolerate any violent conduct on the part of my players;
- (e) I will never act in a disrespectful way towards a referee;
- (f) I will not vocally or by my actions antagonize or heckle anyone.