



Hockey Canada

NCCP High Performance 1

In Person Modules – Offensive Team Play

Post Tasks

Version 1.4, 2021

Name: _____

CAC Coaching Number: _____

Due Date: _____





National
Coaching
Certification
Program

PARTNERS IN COACH EDUCATION

The National Coaching Certification Program is a collaborative program of the Government of Canada, provincial/territorial governments, national/provincial/territorial sport organizations, and the Coaching Association of Canada.



Coaching Association of Canada
Association canadienne des entraîneurs



The programs of this organization are funded
in part by the Government of Canada.



© This document is copyrighted by the Coaching Association of Canada (2020) and its licensors. All rights reserved. Printed in Canada.

The Collection, Use, and Disclosure of Personal Information

The Coaching Association of Canada collects your NCCP qualifications and personal information and shares it with all NCCP partners according to the privacy policy detailed at www.coach.ca. By participating in the NCCP you are providing consent for your information to be gathered and shared as detailed in the privacy policy. If you have any questions or would like to abstain from participating in the NCCP please contact coach@coach.ca.

HP1 – In Person Modules - Offensive Team Play – Post Tasks

Outline your plans for Offensive Team Play. Reflect on these 4 concepts: 1) Breakouts 2) Neutral Zone Transition/Regroup 3) Zone Entries 4) Offensive Zone Play.

Your answer should include:

- 1) Outline of your plan for Offensive Zone Play (5 Marks)
- 2) two (2) drills for Breakouts (4 Marks)
- 3) two (2) drills for Transition / Regroups (4 Marks)
- 4) two (2) drills for Zone Entries (4 Marks)
- 5) two (2) drills for Offensive Zone Play (4 Marks)
- 6) one (1) drill for Activating your Defence in the rush on a Zone Entry (2 Marks)
- 7) one (1) drill for Net Front Screens / Tips off a Point Shot (2 Marks)

A complete answer will include:

- your philosophy for offensive team play
- the technical skills required by your players for offensive team play
- the tactical skills required by your players for offensive team play
- ten (10)** drills / diagrams and include key teaching points in preparing your answers.

This task is worth 25 marks

Offensive Team Play

Task 1 – Offensive Team Play

- 1) Outline your plan for Offensive Team Play - Based on the level of the players you coach

[illegible]

Offensive Team Play

Task 1 – Offensive Team Play - Continued

- 1) Outline your plan for Offensive Team Play - Based on the level of the players you coach

[illegible]

Task 2 – Offensive Team Play

2) Diagram and explain two (2) drills for Breakouts

Breakouts - Drill #1

[illegible]

Breakouts - Drill #2

[illegible]

Additional Comments:

Task 3 – Offensive Team Play

- 3) Diagram and explain two (2) drills for Neutral Zone Transition / Regroups

Neutral Zone Transition / Regroups - Drill #1

[illegible]

Neutral Zone Transition / Regroups - Drill #2

[illegible]

Additional Comments:

Task 4 – Offensive Team Play

4) Diagram and explain two (2) drills for Zone Entries

Zone Entries - Drill #1

[illegible]

Zone Entries - Drill #2

[illegible]

Additional Comments:

Task 5 – Offensive Team Play

5) Diagram and explain two (2) drills for Offensive Zone Play

Offensive Zone Play - Drill #1

[illegible]

Offensive Zone Play - Drill #2

[illegible]

Additional Comments:

Task 6 – Offensive Zone Play

- 6) Diagram and explain one (1) drill for activating your D on a Zone Entry

D Activation on Zone Entry - Drill

[illegible]

Task 7 – Offensive Zone Play

- 7) Diagram and explain one (1) drill for Net Front Screens and Tips off a Point Shot

Net Front Screens / Tips off a Point Shot - Drill

[illegible]

Additional Comments:

How to be a better coach



Learn to listen, especially to the athletes –
they are excellent teachers.

Help each athlete develop all of their capacities:
physical, mental/emotional, and social.

Take a stand against doping and cheating in sport.

Thirst for knowledge
attend coaching courses, get certified, stay up to date.

Brought to you by
the Coaching Association of Canada www.coach.ca

