



# Hockey Canada

## NCCP High Performance 1

### In Person Modules – Power Play

#### Post Tasks

Version 1.4, 2021

Name: \_\_\_\_\_

CAC Coaching Number: \_\_\_\_\_

Due Date: \_\_\_\_\_





National  
Coaching  
Certification  
Program

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Coaching Association of Canada  
Association canadienne des entraîneurs



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## HP1 – In Person Modules - Power Play – Post Tasks

Outline plans for your power play for the upcoming season based on the following:

- 1) Describe the individual technical and tactical skills of the players you utilize on your power play. (4 Marks)
- 2) Describe the roles and responsibilities (and the names for the positions) of the players on the power play. (5 Marks)
- 3) Diagram and explain two (2) drills for a Power Play Breakout (4 Marks)
- 4) Diagram and explain two (2) drills for Power Play Entries (4 Marks)
- 5) Diagram and explain two (2) power play setups in the offensive zone and include responsibilities of each player. (4 Marks)
- 6) Diagram and explain two face off strategies, one for a win and one for a loss. (2 Marks)
- 7) Describe how you plan to evaluate your power play performance (2 Marks)

A complete answer will include **eight (8)** drills / diagrams including key teaching points in preparing your drills.

**This task is worth 25 marks**

## Power Play

### Task 1 – Power Play - Technical / Tactical Skills

- 1) Describe the individual technical and tactical skills of the players you utilize on your power play.

[illegible]

## Power Play

## Task 2 – Power Play - Technical / Tactical Skills

- 2) Describe the roles and responsibilities (and the names for the positions) of the players on the power play. .

[illegible]

### Task 3 – Power Play

3) Diagram and explain two (2) drills for Power Play Breakouts

## Power Play Breakout - #1

[illegible]

## Power Play Breakout - #2

[illegible]

**Additional Comments:**

## Task 4 – Power Play

- 4) Diagram and explain two (2) different drills for Power Play Zone Entries

### Power Play Zone Entries - #1

[illegible]

### Power Play Zone Entries - #2

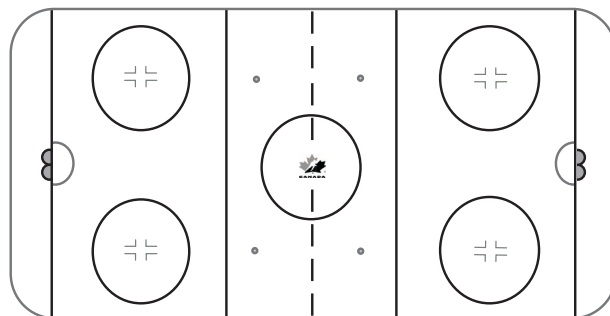
[illegible]

**Additional Comments:**

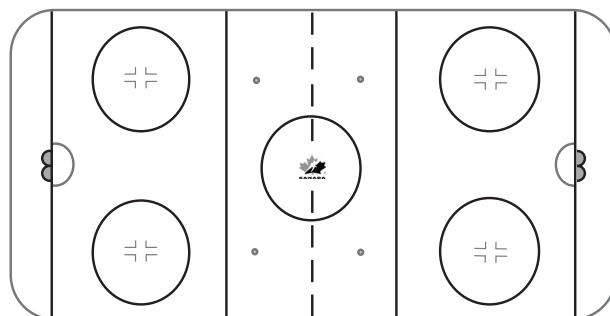
## Task 5 – Power Play

- 5) Diagram and explain two (2) power play setups in the offensive zone. Outline the responsibilities of each player.

### In Zone Set Up - #1

[illegible]

### In Zone Set Up - #2

[illegible]

**Additional Comments:**



## Task 6 – Power Play

6) Diagram and explain two face off strategies, one for a win and one for a loss.

### Power Play - Face Off Win

[illegible]

### Power Play - Face Off Loss

[illegible]

**Additional Comments:**

## Task 7 – Power Play Performance

7) Identify how you would use statistical data to support how you evaluate Power Play performance.

[illegible]

# How to be a better coach



**Learn to listen**, especially to the athletes –  
they are excellent teachers.

**Help each athlete develop** all of their capacities:  
physical, mental/emotional, and social.

**Take a stand** against doping and cheating in sport.

**Thirst for knowledge**  
attend coaching courses, get certified, stay up to date.

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