



## BC HOCKEY

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## Anita Coté



Anita Coté has been nominated for the position of BC Hockey Director and has confirmed a willingness to serve.

### Personal

Residence: Whistler, B.C.

Occupation: University Professor /Researcher

Education: PhD in Cardiovascular & Exercise Physiology

### Employment Background

- Assistant Professor, Human Kinetics, TWU (2016 – present)
- Instructor of KIN 585 Performance Planning, Coaching Graduate Certificate, UBC (2016 – present)
- Postdoctoral Research Fellow, Pediatrics (Cardiology), BC Children's Hospital /UBC (2013-2016)
- Athlete Development Advisor for the Canadian Sport Institute Pacific (2006 – 2012)
- Instructor in Kinesiology (Exercise Physiology, Anatomy, Health; 2000 – 2006)

### Hockey / Sport Experience

- President, Whistler Minor Hockey (2018-2019)
- High Performance Consultant, Provincial/National Teams in BC (2000-2012, including Team BC Girls Hockey)
- Exercise Physiologist /Strength Coach, National Freestyle Ski Association (2000 – 2003)
- Program Director, Human Performance Centre 8-Rinks, Burnaby (1998 – 2000)

### Board Involvement/Community Service

- Board Member, BC Hockey (2020 to present)
- President, Whistler Minor Hockey (2018-2019)
- Fundraising and event volunteer for minor hockey, skiing and gymnastics clubs
- Board Member, BC Sport Performance Funding Committee, CSI (2006 - 2012)
- Board Member, Canadian Society for Exercise Physiology -BC (2006 – 2012)
- Board Member, National Strength & Conditioning Association Student Advisory Committee (2005-2007)

### Assets for the Board

- Experience in creating and evaluating athlete development and sport performance models
- Exposure to best practices as consultant for multiple Provincial Sport Organizations in BC
- Established coach development/mentorship programs
- Expert in youth physiological development
- Multisport LTAD consultant

